

R L I O N S R O A R

Lions Clubs International District C-1 Newsletter

Volume 2 Number 11 May 2017

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Lionsc1.org

Newsletter Submission
Deadline: June 29

*The best rule of
friendship is to
keep your heart
a little softer than
your head - Anon*



Fred Malott of Legal Lions Club participated in the Morinville Lions Club Pet Valu Walk for Dog Guides held Saturday May 27 at the Morinville Fish & Game pond. Malott had \$600.00 raised in sponsorship for the event. The registration was held from 0900 to 11:00 with over \$1000. raised. No final total is available at this time as money is still being received and accepted till 15 June.

Photo by Lucie Roy

District Governor Ron's Ramble

Another month has sped by and a number of functions and visits are in the books. We just returned from visiting with Jasper Lions, who are planning a major project called SEED which in a nutshell is a school that will be self-sufficient insofar as electricity, water and heat are concerned, and will also provide some of their food needs. It is a very ambitious project and I wish them every success in their grant applications and fund raising.

We also enjoyed an enlightening and interesting MDC Convention with three very effective and interesting speakers. The new program **Lions Forward** will drag all of us into the 21st century in spite of ourselves. This initiative will focus on marketing, promoting, publicizing and recruiting using all the social media tools such as Facebook, Twitter etc. LCI will be introducing the GST program in July which stands for Global Service Team, and will be promoting service which Lions do best. The Presidential Themes for the

next three years will be "We Serve" which will go with the GST program.

I am expecting that all Clubs will have decided on their executives for the next year and have completed the online form for Lions International. The official visiting is pretty much completed, but I am looking forward to several charter evenings and officer installations. My final Cabinet meeting will be June 10, at Leduc Lions Campground, and then we are off to Chicago.

NICU RetCam: A Call to Action for Alberta's Lions

Retinopathy of prematurity (ROP) is one of the most common causes of childhood vision loss and primarily affects premature infants. The earlier – and smaller – an infant is born, the more likely they will develop ROP. Untreated, this condition causes abnormal blood vessels to grow in the retina causing the retina to detach from the back of the eye, resulting in partial vision loss or blindness. ROP can also cause further eye and vision problems later in life.

Diagnosing ROP early is key to saving as much vision as possible.

All premature infants at the Neonatal Intensive Care Unit (NICU) based at the Royal Alexandra Hospital are assessed regularly for Retinopathy by our Eye Institute of Alberta retinal specialists. Currently, that requires the ophthalmology physician team to visit the NICU outside of their regular patient hours to assess each baby and create a hand drawn sketch of the retinas. Comparing sketches from one visit to the next allow the physicians to see abnormal growth and other ROP symptoms.

A more efficient way to monitor ROP is the purchase of a portable RetCam (Retinal Camera) for the NICU. Then trained nurses would be able to photograph the inside of the eye as part of the regular checkup all NICU babies receive. These images could then be viewed by the retinal team and further treatment recommended as needed. Because the equipment is designed to

Joy is not in things, it is in us - Benjamin Franklin

For years I wanted to be older, and now I am - Margaret Atwood

Edmonton Millwoods Breakfast Lions Club

24th Annual Charter Celebration June 24, 2017

Mill Woods Seniors and Multicultural Centre,
Upper Floor, 2610 Hewes Way (Edmonton Public Library)

10:30am Cost of buffet breakfast: \$15

Door prizes and more including a large number of wooden toys created by the students of Lee Kinzel, FSCC

Featured Speaker:

Dr Marilyn Hundleby,
PHD, RPsych, CRHSP,
Program Director,
Wellspring Edmonton,



wellspring
Edmonton

a fabulous new centre in South Edmonton offering unique workshops, classes and individual support services at no cost to anyone affected by cancer.

RSVP to Joan Richardson, 780 461 8281 nanajohan1942@gmail.com

CHRISTMAS IN JUNE



MOTORCYCLE TOY RUN

JUNE 3, 2017

Registration and ride to take place at
Technical Automotives & Taser Inc.
9802 - 90 Ave, Morinville

\$30.00/Rider - \$15.00/Passenger
& a New Unwrapped toy

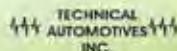
June 2: Pre-Registration 4:00 pm to 7:00 pm

June 3: Registration 8:00 am to 9:45 am
Ride Commences at 10:00 am

BBQ to Follow
Goodie Bags, Door Prizes,
50/50 Draw & Poker Run

For more information contact:
Marty 780-939-3976 or
Deborah 780-907-8139

HOSTED BY:
Technical Automotives, Taser Inc.
& Morinville Lions Club



be portable, it could also be used at other sites.

The four biggest advantages to using a RetCam over the current physical examination method are:

- 1. Less disruptive:** Like all newborns, premature infants at the NICU have a schedule of wakefulness and rest. Whenever possible, screening and treatment is setup by NICU staff to minimize interfering with that schedule. As there is not a realistic way for the retinal team to see other patients and work to each NICU infant's schedule, they often work outside of the child's usual exam cycle. This not only causes increased stress for the baby but also makes the exam more difficult and can often mean more time is required to complete it. With the RetCam system, the specially trained nurses can take the photograph as part of the baby's daily routine eliminating the current disruption that physical eye exams can cause.
- 2. Accuracy and Consistency:** While each retinal specialist is trained to understand the eye, hand sketching their results at each appointment introduces the opportunity of error. Using the RetCam to photograph the eye removes the possibility of misunderstanding.
- 3. Less time intensive:** Having trained, on hand staff take the photographs with the RetCam means that the retinal specialists can spend less time in the NICU, and can even view the images from their offices reducing travel time. By eliminating the time needed for sketching, the process will be quicker and less stressful because the photos are taken at optimal times for the babies.
- 4. Research:** The accuracy and constancy of the RetCam's digital photographs will allow our NICU team to become a part of national and international research on Retinopathy of prematurity and other eye disease.

He's been in love with thw same woman for 15 years. If his wife finds out, sh'll kill him.

Stony Plain Lions Club



60th Charter Anniversary



Date: The 20th Century, Circa 1957 | Location: Stony Plain, Alberta, Canada
Credits: From the Multicultural Heritage Centre Archives

Guest Speaker: Judge Brian Stevenson
Lions Clubs Past International President

Entertainment To Follow

Saturday, September 16, 2017

Heritage Park

5100 – 41 Avenue, Stony Plain

Cocktails 5:30

Dinner 6:30

Tickets \$40.00

Contact: members@stonyplainlions.org

First you forget names. Then you forget faces. Then you forget to pull up your zipper. Its worse when you forget to pull it down.

The Portable RetCam has been identified as a priority by the leadership of both the NICU and the Eye Institute of Alberta. The Lions Eye Research Fund Committee, in partnership with the Royal Alexandra Hospital Foundation has committed to raising the **\$140,000** required to purchase the equipment.

Because of the high priority of this important piece of equipment, the Royal Alexandra Hospital Foundation will match every dollar donated by Lions Clubs and their members with community funding. This effectively doubles the impact of every gift made towards this project.

Can your club help?

- **Sharon Hoekstra**

CO-OPERATION BETWEEN TWINNED DISTRICTS 306A AND C-1

At the International convention in 1988 then PDG Dayantha Fernando of District 306A and PCC Lynne Coulter and his spouse met and became friends. It should be noted that at the time Sri Lanka was in the middle of a Civil War between the majority Sinhalese and the minority Tamils. This conflict continued until 2009 and cost between 80,000 and 100,00 lives as well as displacing hundreds of thousands of civilians. As of 2012 it is estimated that 370,000 civilians remain displaced. A large

majority of these are children and many have only one parent.

This friendship led to PCC Lynne and PCC Donna visiting Sri Lanka in 1991 where PDG Dayantha took them around Sri Lanka. During the time they spent in Sri Lanka PDG Fernando took them around Sri Lanka where they were shown the absolute poverty and conditions that many Sri Lankans had to live in. It was also noted by PCC Coulter that many children were unable to obtain a proper education due to a lack of money. At that time PCC Coulter and PDG Fernando discussed the possibility of setting up some sort of program to assist the children. The idea of twinning the two districts was also discussed. I had the opportunity to work in Sri Lanka from November 2000 until August 2003 and can attest to the conditions that many families were living under as well as the number of underprivileged children there were and the benefit of this program as well as the need to increase funding.

PDG Fernando agreed to develop such a program and in 1993 sent the proposal to PCC Coulter. In 1993 at the International Convention in Minnesota the District Governors from the two district met and signed an agreement to establish "The Canada Foster Children Programme" with funding coming

from donations from the various clubs in MD37. Due to re-districting the program is now called "Lions District 306-A1 and C-1- Foster Child Programme".

This program's mandate is to assist children in Sri Lanka who fall into the category of Have Nots of which there are many. The programme will preferably sponsor children in a family environment. The children considered have parents unable to work due to injury or accident, single parent families or orphans living with a guardian in a family environment. The plan calls for each child to be eligible for up to 7500 Sri Lankan Rupees (\$66) per year paid quarterly. At the current time there are only two clubs contributing up to \$2000 per year. It is estimated that in order to continue the program they would need donations totalling \$3500.

Although not a member of Cabinet I understand there is no one currently taking on this program. As I am aware of the situation in Sri Lanka and because I firmly believe in this program and the benefit it provides I am asking each club in District C-1 to consider adding a donation of \$100 annually to this cause. This would provide sufficient funding on an annual basis for the program to continue to be viable. Remember "We Serve" , not just in Canadian youth but youth around the world. If you need additional information you may contact me at tingey00@telus.net or PDG Lynne Coulter in Grande Prairie. Clubs should make their donation directly to District C-1, and mark the tag line "Foster Child Program". Stacey can then amalgamate the funds and send one bank draft. You might also add that clubs not use gaming funds if they have another source of funding.

- **Bill Tingey**

Knowledge is power, and power corrupts. So study hard and be really evil...



Habitat for Humanity meals at Ft. Sask build update

Since the notice went out to the clubs in the District in the April Lions Roar, we have received only 1 club that is providing food and volunteers (Edmonton Chinese Lions) plus have received a commitment of funds from 3 clubs (Ft. Sask., South Edmonton and Edm. Millwoods). We have made arrangements with caterers in Fort Sask. to provide meals but there is going to be a reduced cost for these meals

which we would need to cover. We currently have sufficient funds and have the 5 lunch meals covered for the 5 days.

We have 1 breakfast covered by Coop Foods in Ft. Sask. But the other 4 breakfasts are still open and we have a quote from a caterer to provide a good hot breakfast for a reduced price of \$10 per person. To cover the 4 remaining breakfasts, we would need an additional \$2800 per day or \$11,200 for the 4 days.

Please discuss with your clubs and if unable to provide funds for a

breakfast of \$2800, please consider **any** amount that would assist in making this project a success.

The schedule for volunteers is included in the Roar and we may only need 5-6 workers per meal depending on the day.

Please contact PDG Claude Carignan for any questions or to advise if your club can assist with a donation. Remember that gaming funds can be used by having them go directly to Habitat for Humanity.

Contact carignan@shaw.ca or Ph.# 780-478-3935

District C-1 Habitat for Humanity meals project at Fort Saskatchewan build – 56 Canyon Road

Volunteer Shift Schedule (Please place Club & volunteer names) Return to carignan@shaw.ca

July 10 Breakfast 6:30 - 9:00 am	July 10 Lunch 11:30-1:00 pm	July 11 Breakfast 6:30 - 9:00 am	July 11 Lunch 11:30-1:00 pm	July 12 Breakfast 6:30 - 9:00 am	July 12 Lunch 11:30-1:00 pm	July 13 Breakfast 6:30 - 9:00 am	July 13 Lunch 11:30-1:00 pm	July 14 Breakfast 6:30 - 9:00 am	July 14 Lunch 11:30-1:00 pm
Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers	Club & Lion Volunteers
	St. Albert Host Club – 8		Edmonton South Edm. Club - 8						Edmonton Chinese Club - 8

Casino Help Urgently Needed for June 6 and 7
Support the Lions Village of Greater Edmonton Society
Contact Greg Holmes liongholmes@hotmail.com

District C-1 Calendar

2017

6	2-4	Cavalcade for Diabetes	Pigeon Lake	PCC Dennis Stevenson pdg37e@sunraybase.ca
6	3	Motorcycle Toy Run	Morinville	Marty 780 939 3976
6	10	Tree Planting	Edmonton	LionTreePlanters@gmail.com
6	10	C-1 Cabinet Meeting	Leduc	Suzanne Leschyshyn infinitelite@shaw.ca
6-30	7-4	International Convention (100 years of Lionism)	Chicago	Lions International lionsclubs.org
7	10-14	Habitat For Humanity catering	Ft Saskatchewan	PDG Claude Carignan carignan@shaw.ca
9	16	Stony Plain 60th Charter	Stony Plain	members@stonyplainlions.org
9	21-23	USA/Canada Forum	Portland, Oregon	lionsforum.org
11	3-4	District C-1 Convention	Edmonton	Details TBA
11	5	District C-1 Cabinet meeting	Edmonton	Suzanne Leshchyshyn infinitelite@shaw.ca

2018

6-29	7-03	International Convention	Las Vegas	lionsclubs.org
9	20-22	USA/Canada Forum	Columbus Ohio	lionsforum.org

2019

7	5-29	International Convention	Milan Italy	lionsclubs.org
9	19-21	USA/Canada Forum	Spokane Washington	lionsforum.org

May 2017

PEACE

2017-2018

30TH ANNUAL
LIONS INTERNATIONAL
PEACE POSTER CONTEST



ORDER NOW

The Future of Peace

Sponsor a Lions International Peace Poster Contest and join clubs worldwide in sharing children's visions of peace with your community.

How the Contest Works

Only a Lions club can sponsor the contest in a local school or organized youth group. The contest is open to students 11-13 on November 15, 2017. Participating students are asked to create posters visually depicting the contest theme, "The Future of Peace."

One winner for each contest sponsored by a club is chosen to advance to the district governor for judging. On the district level, one winner is selected to go on to the multiple district competition and from there one winner is forwarded to International Headquarters for the final judging. Entries are judged at all levels on originality, artistic merit and portrayal of theme.

During the final judging, 23 merit award winners and one grand prize winner are chosen to represent the many entries submitted from around the world.

Awards

Artists of posters advancing to the final international judging are recognized as follows:

- **International Grand Prize Winner** receives a trip to an award ceremony where he/she will receive a cash award of US\$5,000 (or local equivalent) and an engraved plaque. Two family members (one being the winner's parent or legal guardian) and the sponsoring Lions club president or a club member (as designated by the club president) will accompany the winner to the award ceremony.
- **23 Merit Award Winners** each receive a cash award of US\$500 (or local equivalent) and a certificate of achievement.

How to Enter

Lions clubs must order a Peace Poster Contest kit from the Club Supplies Sales Department at International Headquarters. Available in all 11 official languages, it costs US\$11.95, plus shipping, handling and applicable taxes. Each kit contains everything your club needs to sponsor one* school or organized, sponsored youth group:

- **Official Club Contest Guide & Rules**
- **Official School or Youth Group Contest Guide & Rules**
- **Participant Flyer** may be duplicated and given to each participating student to take home
- **Sticker** to place on back of winning poster
- **Certificates** for contest winner and school or youth group

*Clubs can sponsor more than one contest in either the same or multiple school(s) and/or youth group(s) by purchasing more than one kit. Clubs will send one poster per each contest sponsored to the next level of judging.

The Lions International Essay Contest entry form is also included in this kit and on the LCI website.

PR-785 EN 10/16

Kits are available January 15 - October 1, 2017.

Purchase your kit early to allow adequate time for shipment and contest planning.

To order Peace Poster Contest kits (PPK-1), submit this form to the Club Supplies Sales Department at Lions Clubs International at clubsupplies@lionsclubs.org; call (630) 571-5466 or 1-800-710-7822 (U.S., Puerto Rico, U.S. Virgin Islands and Canada only) or fax this form to (630) 571-0964. Note: All credit card orders must be placed online.

Visit www.lionsclubs.org [search: Peace Poster]. For more contest information, deadlines, to download a video and view past finalists' posters.

Peace Poster Contest Kit (PPK-1) _____ Qty. @ 15.00 /each \$ _____
 poster paper (50 lb) 17" x 23" @ .30 ea. \$ _____
 Payable to District C-1 \$ _____
 Total \$ _____

Method of payment

Club/District Acct. # _____
 Lions Club Name _____
 Officer's Signature (Required) _____

The protection of your payment data is important to us. Your credit card* purchases of Lions merchandise must be made directly online at www.lcistore.org. Please do not include your credit card number in any written communication or correspondence. *Visa, MasterCard, Discover.

Ship order to:

Name _____
 Address (No P.O. Boxes) _____
 City _____ State/Province _____
 Zip Code _____ Country _____
 Daytime Phone # (Required) _____
 E-mail Address _____

Postage/handling Charges:

United States/Canada - Postage/handling charges will be added at the time of processing your order. An additional charge will be added if second day service is required.

Overseas - Postage/handling charges will be added at the time of processing your order. Duty/taxes may be required upon receipt of your order. Lions Clubs International is not responsible for payment of these duties or taxes.

Sales Tax:

We are obligated to charge sales tax in Illinois and Canada.

Please contact PDG Claude Carignan to order kits and paper.
carignan@shaw.ca Phone 780 478 3935



2017 Annual Tree Planting

Tree Planting * Lunch & Refreshments * Fellowship

Edmonton Chinese Lions Club welcomes you to join us in planting trees with City of Edmonton, Root for Trees and a Urban Forestry Team.

Hermitage Park
Saturday, June 10
9:15 am - 1:30

Please RSVP by June 5th to:

LionTreePlanters@gmail.com

Please Indicate your name & how many attending



ROOT FOR TREES

Agenda:

- Registration 9:30 - 10am (Required)
- Instructions
- Tree Planting
- Lunch
- Clean Up

Planting More Trees Will

Provide wildlife habitat ~ Conserve water resources ~ Reduce energy consumption
Stabilize stream and river banks ~ Enhance natural and public areas

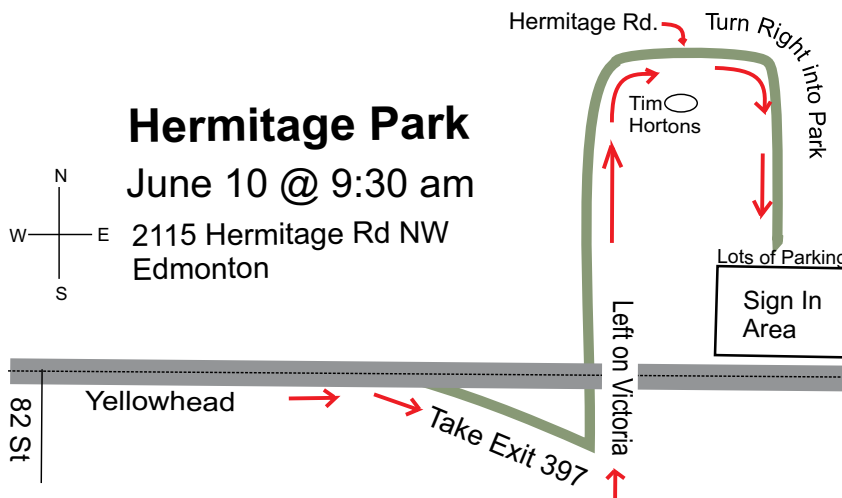
Rain or Shine We Plant!

Please **dress accordingly**: In layers, prepared for **rain** or **sun**, wear long pants and sturdy, **closed-toe shoes**. Also, bring sun screen, bug spray, gloves, hat, folding chair and or anything else to make your day more enjoyable. Inform us of any allergies or medical conditions.

Plants and shovels are provided by Root for Trees.

NOTE From City of Edmonton's **Root for Trees**: Volunteers will not be allowed to participate if wearing footwear such as sandals, flip-flops or high heels.

ALL PLANTERS must sign-in upon arrival



Directions:

- Go east on Yellowhead
- Take Exit 397 Victoria
- Then go left on Victoria
- Right on Hermitage Rd at Tim Hortons
- Turn right in park and follow to far end to a covered picnic area #1 to sign in
- Plenty of free parking available



DR. GREG POWELL/STARS FELLOWSHIP APPLICATION

Please email, fax or mail application to:
Phone 780-354-2918 Fax (780)354-2934
Email lionbettyann100@gmail.com
PCC Betty Ann Robson Box 8 Beaverlodge, AB T0H 0C0

RECIPIENT

Name of Recipient _____
Print name clearly as it should appear on the plaque

Is recipient a Lion? Yes _____
No _____

Address _____
Street Address

City, Province, Postal Code

Club Name _____

Check here if the recipient is to be named later

DONOR

Name of Donor _____
Address _____

Is recipient a Lion? Yes No
If yes, provide Lionistic affiliation
Club Name _____
Club No: _____
District No: _____

This donation is from (check one):
Club District Individual MD

DONATION

Please enclose your donation of \$500.00 payable to: Lions of Alberta Foundation

Cheque

Money Order

Bank Draft

SHIPPING INSTRUCTIONS

In the space below print presentation date, name, complete address, and daytime telephone number of individual to whom the plaque and label pin are to be sent to.

Presentation Date: (if available): _____

Name _____ Mailing Address _____

Phone No _____ Fax No. _____ Email _____