

Li ns Link

Lions Clubs International District C-1 Newsletter



VOLUME 6 NUMBER 12 JUNE 2021

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Next Newsletter

Submission Deadline:

28th day of current month

From the desk of DG Chanpritt (Prince) Baweja

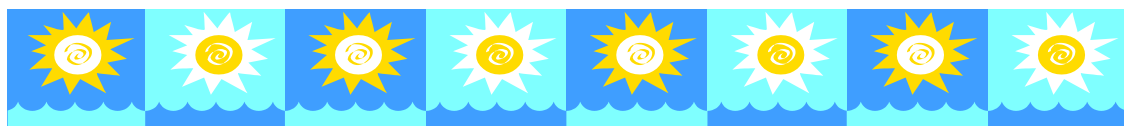
Hello fellow Lions,

We finish off the current Lionistic year in June 2021 with LCI international convention in Montreal. This will be the first time that it is being held virtually. This is a unique opportunity to attend with a significantly lower cost. Our own International Vice President Dr. Patti Hill moves closer to the position of President. It would be great if we have an overwhelming turnout to show that Canada knows how to host the event.

2021 also marks the second year in that we had most Dog Walk for Dog Guides done virtually in most parts of the district. Thank you for your ongoing support to this cause.

I would also like to thank all of you Lions for keeping the faith and still finding ways to serve. It has been a unique year that ran the gambit of tragic events and inspiring successes. Through this I have met many Lions who have been great inspirations of kindness and service. Thank you for allowing me to serve this past year.

Yours in Lionism. Lion Chanpritt S. Baweja (Prince) District Governor (2020 – 2021)



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SIGNIFICANT EVENTS / DATES to REMEMBER

2021	Jun 25-29 Sep 09 11 Sept ??-?? Nov 06	International Convention USA/Canada Forum Emerging Lions Learning C1 Convention	Virtual Des Moines Iowa Red Deer ?? St. Albert, AB	lionsclubs.org
2022	Jul 01-05 Sep 15-17	International Convention USA/Canada Forum	New Delhi, India Calgary AB	lionsclubs.org lionsforum.org
2023	Jul 07-11	International Convention	Boston, Mass	lionsclubs.org

INTERNATIONAL NEWS



[SEE THE LATEST LCICON NEWS](#)

[REGISTER NOW](#)

THE CLUB DIGEST

A MONTHLY SUMMARY OF THE
LATEST LION NEWS

[View MAY online](#)



Lions of Canada
Lions du Canada

LIONS OF CANADA E-NEWS - APRIL 2021
Please share this message with other Lions!

LIONS DU CANADA E-NEWS - AVRIL 2021
Veuillez partager ce message avec d'autres Lions!



SEPTEMBER 9-11, 2021

YOU'RE GOING TO LOVE DES MOINES!

[FORUM NEWS LETTERS](#)

[Forum Website](#)

[REGISTER ON-LINE](#)



<https://leosforum.org/>



Canadian Lions Eyeglass Recycling Centre.

Bay 2,1216 – 34 Ave NE Calgary, Alberta. T2E 6L9
Canada. Founded 2003
Ph: (403) 640-1056 email:info@clerc.ca

You are Invited to Attend CLERC's AGM

Date :June 19,2021

Time 2:00 pm

Format: Zoom

Please join us by emailing First Vice District
Governor-Elect C-2 Darryl Rawleigh at:

liondarrylrawleigh@outlook.com

**Even with Covid we shipped out
268,750 glasses this year.**

We still accept glasses and funds to operate with.

*Yours in Lionism Lion Gordon Prusky PDG
CLERC Secretary (Since 2003) .*

THINGS TO DO IN JUNE

What does June have in store?

June is:

Candy Month, Dairy Month, Great Outdoors
Month, National Fresh Fruit & Vegetable Month,
National Iced Tea Month, Rose Month and
Turkey Lovers Month.

June 1 – Helen Keller Day

June 7 – Lions Clubs International Birthday

June 25 – 29 – 103rd Lions International
Convention (virtual)

June 2 – National Rocky Road Day (ice cream
or gravel...you decide!)

June 3 – World Bicycle Day

June 4 – National Donut Day

June 5 – National Hot Air Balloon Day
National Environment Day

June 6 – D Day (WW II)
National Frozen Yogurt Day

June 7 – National Chocolate Ice Cream Day

June 10 – Iced Tea Day

June 11 – National Corn On The Cob Day

June 12 – National Jerky Day
National Peanut Butter Cookie Day
National Rose Day

June 13 – National Weed Your Garden Day

June 14 – Flag Day

June 17 – Nursing Assistants Day

June 18 – Go Fishing Day (cards/rod.your choice!)
International Picnic Day

International Sushi Day

Take a Road Trip Day

June 19 – National Kissing Day (oooo-la-la)
World Jugglers Day

June 20 – Fathers Day
National Turkey Lovers Day

June 23 – International Widows Day

June 25 – National Food Truck Day
Take Your Dog to Work Day

June 26 – Beauticians Day
Forgiveness Day (notice how they
are both on the same day!)

June 27 – National Onion Day

June 28 – International Body Piercing Day

June 29 – Camera Day
International Mud Day

Build an activity around these days or just enjoy
with your members, family and friends. Have a
great month of June.

*Lion Dave Leshchyshyn
MD C Service Co-ordinator
District C-1 Service Co-ordinator*

JUNE SERVICE REPORT

Ahhhhh.....the smell of wood smoke, on everything....my clothes, the truck, the camper! A sure sign spring is here and summer is right around the corner. Have to say thanks to Lion Zella and members of the Millet Lions Club. 1VDGE Suzanne and I enjoyed a long weekend of camping at the Millet Lions Memorial Campground. Had a great time with friends and were happy we found a place that wasn't booked up. One thing that surprised me was when our friends said they never thought of camping at a Lions campground before. When I asked why, they said they don't really hear about them. How are you marketing your Lions campground? Word of mouth is great, but it's also the slowest, unless it's bad word of mouth, then it travels like wildfire! Have you set up a Facebook page for your campground? Are you using that "social media" thing to promote it? Have you joined any of the Private Campground groups to get your campground listed? Or, is your campground the best kept secrets in the Province? Are you, yourself, camping at other Lions campgrounds? With Provincial campgrounds almost booked solid for the summer, invite them and they will come! (they should use that line in a movie). More bookings at your campground equals more revenue for your club equals more Service you can be doing in your community. Treat the campers well when they get there, thank them for staying with you, then invite them back before they leave. Marketing 101. By the way, the Millet Lions are putting together a Canadian Lions Campground Directory. Have you listed your campground? Go to their website <http://milletlionscampground.com/lions-campground-directory/> and check it out.

I feel very encouraged with the release of the latest re-opening information from the Provincial Government! If vaccinations in the province go as planned, we could be fully opened later this summer. What a great way to kick off the summer! Is your club ready for it? Have you talked to your community leaders to see how your club can help with any upcoming celebrations? If your club is small, what organizations can you partner with to offer more Service and make a bigger impact? Families are going to want to get out and socialize, be among others, take part in celebrations. What a great time to make some revenue for your club. But, are you ready for it?

FELLOWSHIP.....remember that word, that feeling of visiting with other Lions from your own club as well as other clubs? I'm sure it's in a history book somewhere! It's time to, or will soon be time to, re-kindle that fellowship in your club, your District and Multiple District. Lets bring back that word (also found

in a history book) VISITATION! When you can, get together with other clubs, break bread, have a coffee, (I just use the word coffee. I know it will be something else!) Swap stories of your Covid jail time. Share ideas for Service projects, offer help with each others Service projects, have a laugh or two. Let's get back to being LIONS! Speaking of Service projects, I ran across an interesting one on the Lions of Canada Facebook page. The Dorchester and District Lions Club in Ontario recently hosted a "Community Chalk Challenge", where they invited all ages to create chalk drawings on their sidewalks or driveways. Participants took a picture of their masterpiece, sent it to the club where it was then shared on social media. A fun project to get people outside enjoying the fresh air and doing something creative. Is this something your club could organize in your community? It's new, it's fun, it's creative, it can be done while social distancing, and it could have your clubs name all over it. Find the details at www.lionscanada.ca.

The Canadian Centennial Tree Planting program is soon coming to an end. I've heard members of city clubs say they couldn't take part because they had nowhere to plant trees. If you're a club from Edmonton or surrounding area, the City of Edmonton is looking for service groups to join them in their efforts to plant 45,000 trees in their urban forest. Where there's a need, there's a Lion! Contact the City of Edmonton rootfortrees@edmonton.ca and see how your club can get involved in this environmental program. I know clubs in Calgary are already involved with that city's goal of planting 50,000 trees this year. Thank you to all the clubs that have taken up the Centennial Tree Planting challenge, fulfilling one of our Global Pillars of Service.

Has your club accepted the "Million Meal Challenge" issued by Lions Clubs International as part of the upcoming 2021 International Convention? The St. Albert Host Lions and St. Albert Breakfast Lions Club have. They partnered with other community organizations and had food collection points in several different locations manned by volunteers. End result was \$6000 in cash donations and 6000 lbs of food collected for the food bank! What an awesome show of Service! I can't forget the Bearspaw Lions Club who too, partnered with the Cochrane Activettes Food Bank for their annual food bank drive. 14 club members were tasked with canvassing an area of Cochrane, picking up food donations from the porches or front steps of residents. The result of this partnership was the most successful food drive in the history of the event, filling 15+ three cubic meter bins. Thank you Bearspaw Lions Club for engaging with your community and supporting

another Pillar of Global Service, hunger. If your club is interested in taking part in this challenge as well, I had previously sent out all the details to club Presidents, Secretaries, Service Chairs and Zone Chairs. Ask your Executive for the details on getting involved and reporting your Service. The International Convention will be held virtually June 25th to 29th. No huge expense travelling to take part this year! You can still register at www.lionsclubs.org

Another event to register for is the USA/CANADA Leos Leadership Forum, July 21st to 23rd, 2021. Originally scheduled to be held live in Calgary, it's now a virtual event due to Covid. There will be leadership training for Leo's, plus Leo Advisors. Interested Lions are encouraged to register as well. These young men and women are the future of our organization. They have a strong voice and we, as Lions, should be listening! Get more information or register for the Forum, www.leosforum.org

The Canadian Lions Eyeglass Recycling Centre (CLERC) is still in need of used glasses to fill orders heading to underprivileged areas of the world. Even during this year of Covid, CLERC has managed to send out over 268,000 pairs of glasses. Is your club collecting used eyeglasses? Are there more locations where your club can set up collection boxes? This is a Service that takes very little effort and can easily be done while following Covid protocol. Are you interested in finding out more about CLERC, or how to get involved in the program? The CLERC annual AGM will be held Saturday, June 19th at 2pm via Zoom. If you'd like to join, email First Vice-District Governor Elect, Lion Darryl Rawleigh, liondarrylrawleigh@outlook.com. June 1st is "Helen Keller Day". Let's show we really are the Knights of the Blind in the Crusade Against Darkness!

I hope your club is planning ahead to find ways to Serve your community once restrictions are eased or dropped completely. I also hope your club isn't considering taking the summer off. Many clubs have had the last year off. It's time to do what Lions do best, WE SERVE! Find the need, plan the event, and Serve, Serve, Serve!

Lion Dave Leshchyshyn
MD C Service Co-ordinator
District C-1 Service Co-ordinator

*Lion Dave Leshchyshyn MD C Service Co-ordinator
District C-1 Service Co-ordinator*

LIONS IN ACTION

ST ALBERT HOST LIONS CLUB.



As part of our Lions Centennial celebration and 70th Charter Anniversary, the St. Albert Host Lions purchased fruit trees for the Lacombe Park Community Gardens in St. Albert. This combined two Lion causes, environment and hunger, in one project.

Blessings on the planters and on the planted source of food. May that which was planted grow well and produce fruit for years to come May Lions grow in number to help produce even more fruitful projects in our community of St. Albert and Globally.

Thank you Lion Helen and family for planting some of the trees in this community project.

Lion Barb Riley

REDWATER LIONS CLUB.



Each year the Town of Redwater sponsors a spring time Town Wide Clean Up. Students from the local schools participate in collecting litter in the residential and commercial areas of town and the local Tim Horton's Franchise sponsors the litter bags.

For the last two years the Lions Club of Redwater has undertaken to clean the industrial area of town which sees some 150 odd employees use this area of town each day. On Monday May 3rd, 2021 the club had 10 members turn out to clean the entire industrial park and collect over 350 pounds of litter, bottles, sticks, metal bars, tire chains and other assorted trash. The bags are turned over to the Town's Public Works staff who recycle what they can and properly dispose of what is left. Many thanks from left to right to Lions Angel, Jack, Larry (kneeling), Les, Mathias, President Gerald, lions Jason, Henry and Ken.

Photo by Lion Dave McRae



Win the Chance to observe our own
Dr. Patti Hill
being sworn in as
International President
at LCI Con in Boston
July 7-10, 2021

Tickets:
\$10.00 each
or
3 for \$25.00

Maximum Tickets to be sold:
500 tickets @ \$10.00 = \$5,000
400 tickets @ \$25.00 = \$10,000
2,500 tickets @ \$10.00 = \$25,000

Sales are required to provide Membership Number & Club affiliation to claim prize

Draw Date: June 12, 2021

Proceeds support Lions Leadership Education & Development in MDC
Draw Hosted by Calgary Eastport Lions Club

Available to Lions Members only

CANCELED

TIME IS RUNNING OUT
THE DRAW IS ON JUNE 12, 2021

[CLICK HERE FOR YOUR TICKETS](#)

STONY PLAIN LIONS CLUB



Even with Covid-19 the Stony Plain Public Library will run their Summer Reading program with smaller groups and more outside activities. The Stony Plain Lions club is pleased to continue sponsorship of this program. Lion Pres PDG Joan Lubbers recently presented the check

PDG Joan Lubbers

BLINDMAN VALLEY LIONS CLUB



The Blindman Valley Lions club have been taking advantage of this beautiful Spring weather. We may not be able to get together for meetings yet but, we can safely get some projects done. Early in May the club members along with 3 young volunteers cleaned up the trash along the road South of Rimbey for a little over 6 1/2 kilometers.

While we all wish that this was a job no one had to do, it was certainly appreciated by the community. We all noticed the people along the road who kindly slowed down and gave us a wave or thumbs up. It looks so much better now that it is all cleaned up.



In mid May our club completed its contribution towards the Centennial Celebration Tree planting. Club members purchased 76 seedlings and with help from Bentley's mayor and town councillors 30 of them were planted to frame the new Gateway sign to the town. Another 39 were planted at the Rimbey Christian School with help from parents and students. The remaining 7 will be planted at another location in our service area.

We had great support from our safety coordinator who made certain AHS rules were followed and members were safely performing these tasks. These are great service projects for our community and we are looking forward to doing more.



Trudy Rangen

ST. ALBERT BREAKFAST LIONS CLUB

Million Meal Challenge accepted



The St Albert Breakfast Lions donating \$2,000.00 to the St Albert food Bank and Community village. This is a follow up to provide results on an item in the last Lions Link on the St Albert food drive of May 1st. The two St Albert Lions Clubs along with four other St Albert Service Clubs and a Community Church ran a socially distanced food drive at seven separate locations. Altogether we received 6,000 lb. of food (6,000 meals) plus an additional \$4,000.00 in donations added to our clubs donation for the Local food Bank. My clubs members accounted for 35 hours from 7 members organizing the event and covering our site. Overall I estimate that we had around 50 volunteers and more than 200 hours of service to run the whole event. Smile worthy results for “**Lions Day of Service**” with the meal challenge just icing on the cake.



I hope your Club's responses to the million meal challenge are as successful as ours.

Lion Paul Benson

ST. ALBERT HOST LIONS CLUB

On May 06, 2021 the Citadel Mews West Seniors Complex burned, displacing 110 residents, including several former lions members. While everyone escaped the fire, many lost all of their possessions.



St. Albert Gazette photo supplied by DAVE REIDIE

By morning many local residents and business had donated a mountain of clothing, blankets, and other items to assist the displaced seniors. The problem was that the donations were being accumulated in different locations making it difficult to match the donations with the senior's needs.

Where There Is A Need There Is A Lion.

The two St. Albert Lions Clubs teamed up to transport the donations from various locations to Christenson Westmount Village. Lions then spent several days sorting and packaging the donations according to the seniors needs.



Photo by Rod from Christenson

Pictured are Lions Barb, & Jack Riley, Paul Cardinal, and Dave Hiatt sorting donations at the at Christenson Westmount Village.

Michael Clulow, Link Editor

SOUTH EDMONTON LIONS CLUB



Lions 'Cecil MacKenzie and Neil Gourley presenting a \$50,000 cheque to Eric Newell - Honorary Chairman of the Capital Care Foundation.

The cheque is from the We Serve Foundation of South Edmonton Lions, presented to Eric Newell Honorary Chairman of CapitalCare Foundation Project. It was at the construction site of the future Gene Zwozdesky Centre for Seniors Care. This donation is specifically directed to that centre.

Cec MacKenzie

LIONS ARE *Stepping UP* at NORWOOD

South Edmonton Lions through their WE SERVE FOUNDATION has made a donation of **\$50,000.00** to the "CapitalCare Foundation Norwood Capital Campaign" specifically for the "**Gene Zwozdesky Centre**" which is currently under construction on the Norwood site. We consider this to be a "Legacy Project" for our Foundation because it fits the objectives and purpose for which it was created over twenty years ago.

The CapitalCare Foundation believes this Centre is important enough for future senior care in Alberta that they created a "Norwood Capital Campaign Cabinet" to raise over \$6 million to outfit the new Centre with the equipment and programming resources it requires.

To encourage large donations, the Campaign Cabinet has approved "naming opportunities" for spaces within the new Centre, starting at \$50,000.00, with other suggestions at the \$100,000.00 level. The WE SERVE FOUNDATION of the South Edmonton Lions is guaranteed to have its name and the LION logo prominently displayed in a space of our selection; however the "WE SERVE" executive were urged to make contact with other Lions clubs and individual Lions, to ask them to add to our "down payment", thereby getting the Lions logo, and donor club names. in a more prominent location.

This notice in Lions Link is to alert you to this opportunity; the contact with the Norwood Capital Campaign is Barbara Noble, the Campaign Coordinator, Tel. 780 999 9817, email at Barbara.Noble@capitalcare.net. Her work with us is called the "Lions Pledge Campaign" ["Pledge" because many clubs may have to spread their donation over several "Lionistic years", ditto individuals].

Barb has two 'docs' to send out, one with more information about "naming opportunities", the other is about the "Innovative Seniors Care" that will be available at the Gene Zwozdesky Centre. She also has the Pledge forms for clubs to fill out, and a form for individual donors, identical to the form used by CapitalCare Foundation, except for Lion membership/club name – to add donation to Club Pledge.

Naming this new centre for the late Gene Zwozdesky honours a long serving elected provincial official but also a mainstay of Ukrainian culture in Canada. Thanks largely to him, Lions clubs had the privilege of being entertained by the "Shumka Dancers" at many of our Charter Nights and Conventions.

Many of us living in the northern part of Alberta have been "guests" at Norwood, or one or more of the other 9 CapitalCare centres; all of us will have had relatives, neighbors, fellow workers and club members to visit. What a pleasure it will be to have such a visit to the Gene Zwozdesky Centre in 2023/2024, and proudly point out the Lions logo, your club name and the importance of that donation to the outfitting.

*Cec MacKenzie, President,
WE SERVE FOUNDATION of the South Edmonton Lions*

In Memoriam



It is with profound sadness that we share the news of the passing of **Dorothy Harris**, Charter Member of the Edmonton Millwoods Breakfast Lions Club. Over 28 years, Dorothy was our leader, our mentor, our friend. The members of our

club acknowledge the enormous debt we owe to this dynamic lady. She was a Melvin Jones Fellow, a Judge Brian Stevenson Fellow, a Dr Patti Hill Fellow and others as well. Dorothy truly lived by the Lions motto, We Serve. She was tireless in her efforts on behalf of a variety of Lion causes.

Dorothy enjoyed a storied career in the Alberta Oil Industry spanning more than 35 years. Throughout the Patch her charm, wit and sparkling personality were legendary. Dorothy was a dearly loved woman who made friends easily and was kind and compassionate to all. Her sense of humor and uncanny ability to spin a yarn made her a joy to know.

Dorothy shared her knowledge and experience with the community at large working for the betterment of society. Among her favorites were the United Way, the SPCA, CNIB and Diabetes Canada. She was always ready and willing to give of her boundless energy to any worthy endeavor.

Dorothy is survived by three daughters, Marnie, Debbie and Jackie as well as a number of grandchildren. She leaves to mourn her passing her Lion friends, her oilfield colleagues with the Association of Desk and Derrick Clubs and the Oilfield Technical Society and her fellow residents at Sakaw Terrace. Her earthly journey is over and now she walks free with the angels.

Joan Richardson

Lions, we have lost another of our pride.

Date: Fri, May 21, 2021

I have sad news to report—Lion John Anderson (Blairmore Lions Club) passed away last night.

Lion John worked our final bingo of the year on Tuesday night. He told us that he was resigning from the club, as he was turning 80 this year, and thought it was time to step down. I thanked him for his service, as I am sure did others.

We have lost a good man.

Daryl Wig



This is the final edition of the Lions Link Volume 6 for the year 2020/21. Covid-19 has made it a very challenging year filled with constantly changing health order restrictions and lock downs. I am amazed by how many ways the Lions have found over the year to continue serving the community, thus proving once again that

**Where there is a need
There is a Lion.**

Please continue sending in your pictures and stories to share with and inspire other lions and lions clubs around the district.

Your Lions Link editor

Join us for an Evening of Celebration !!



Lion Melvin Jones



The Campaign 100 team would like to invite you to special evening of recognition.

On June 9th, 2021 from 6:00pm -7:30pm CDT, we will be recognizing Lions who have achieved the esteemed recognition of a Melvin Jones Fellowship.

The MJF/PMJF program is the backbone of our foundation. Presented to those who donate US\$1,000 to LCIF or to people for whom a donation was made by others, it's a tremendous contribution to humanity and to the legacy of our founder, Melvin Jones.

Our special guest Master of Ceremony for this event will be **Third International Vice President Dr. Patti Hill**.

You're Invited:

June 09, 2021 at 6:00pm to 7:30pm CDT

If you have not yet made your donation, to be a part of this amazing event, there is still time!

Please submit your Melvin Jones nominations before June 3, 2021, or contact your local district coordinator to make sure your nominee is included in this amazing event.

To register, please click link below :

<https://attendee.gotowebinar.com/register/1408295589567674896>

After registering, you will receive a confirmation email containing information about joining the webinar.



MDC Lions Leadership Education & Development Raffle*

The Host Committee for the 2022 USA Canada Lions Leadership Forum has set-up a raffle for your chance to win prizes!

1st Prize: To observe our own Dr. Patti Hill being sworn in as International President at LCI Convention in Boston in July 2023.
Maximum value of prize \$7500.00

2nd Prize: \$1000.00 CAD Prepaid VISA Card

Draw date: June 12, 2021

- * The raffle is only open to Lions Members
- * Tickets are only available on-line at: <https://www2.rafflebox.ca/raffle/eastportlionsclub>
- * Proceeds to support Lions Leadership Education & Development in MDC
- * The raffle is hosted by the Calgary Eastport Lions Club

Please distribute and promote among Lions, however, we ask that you refrain from putting any information on social media, due to the restricted purchase audience.

For more information refer to the poster below.

Mark your Calendar: *2022 USA Canada Lions Leadership Forum
September 15-17, 2022
Calgary, Alberta*

Submitted by:
2VDG Lion Suzanne Leshchyn
2022 USA Canada Forum Committee

[CLICK HERE FOR RAFFLEBOX](https://www2.rafflebox.ca/raffle/eastportlionsclub)

Win the Chance to observe our own
Dr. Patti Hill
being sworn in as
International President
at LCI Convention in Las Vegas, USA
June 12, 2023

CANCELED

Tickets:
\$10.00 each
or
3 for \$25.00

Maximum Tickets to be Sold:
500 tickets @ \$10 each
600 packs @ 3 for \$25 (equals 1800 tickets)
2300 Total Tickets available

Sales are online only
Please use the following link for your purchase:

rafflebox.ca/raffle/eastportlionsclub

Lottery Licence: AGL-57 2465

First Prize
Registration for LIC Con Boston 2023
3 nights Hotel accommodations during
Convention
♦ Lowest Refundable Airfare

Maximum Value of Prize \$7500.00 CAD

Second Prize

\$1000.00 CAD prepaid Visa card

Winners are required to provide Membership Number &
Club affiliation to claim a prize

Draw Date: June 12, 2021



Proceeds to support Lions Leadership Education & Development in MDC
Draw Hosted by Calgary Eastport Lions Club

Available to Lions Members only

[CLICK HERE TO GO TO RFFLEBOX](https://rafflebox.ca/raffle/eastportlionsclub)

CANCELED

One Hundred Service Ideas



Diabetes

1. Organize a "Strides: Lions for Diabetes Awareness" event.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children's diabetes camp.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Partner with local healthcare providers to organize diabetes & vision screenings.
6. Distribute educational resources to increase diabetes awareness at a community health fair.
7. Organize a walking club for seniors with diabetes.
8. Provide a diabetes magazine subscription to your local library.
9. Sponsor a child in need to attend diabetes camp.
10. Donate diabetes books to your library with a bookplate to identify your club's donation.
11. Work with your local school to invite a health care professional to speak about diabetes.
12. Post monthly articles about diabetes on your club or district website.
13. Promote diabetes prevention through a radio public service announcement.
14. Sponsor a healthy cooking demonstration for people with diabetes.
15. Organize a school or community vegetable garden to encourage healthy eating.
16. Work with a community podiatrist or foot care specialist to provide foot screenings.
17. Partner with your local diabetes organization to offer programs & materials.
18. Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
19. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
20. Provide educational materials to schools & physician offices.
21. Recognize a local organization or community leader for environmental conservation work.
22. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
23. Commit to "Meatless Mondays" or not eating meat one day each week.
24. Collect used cellphones and donate them to individuals in need.
25. Lead an after-school nature walk.
26. Survey homes and community areas for leaks in sinks, communal spigots or water fountains. Contact relevant officials for repairs.
27. Work with city officials to paint "no dumping" signs near road drainage areas.
28. Identify where to recycle toxic items and share the collection schedule.
29. Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
30. Implement a recycling drive where people donate gently-used items to charity organizations.
31. Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
32. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
33. Produce a monthly nature program on a local public radio station.
34. Partner with a local carpenter to build rain barrels. Hold a training session with community members to promote using them for watering and irrigation.
35. Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
36. Establish a school garden and composting program to improve school meals & reduce waste.



Environment

21. Plant trees with the advice of a local environment organization on the best locations and varieties.
22. Clean up a beach, community space or roadside area monthly as a club.
23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner.
24. Challenge all Lions in your club or district to add one green habit to their daily lives.
41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
42. Organize a program at a local school to provide healthy, nutritious meals.
43. Prepare food baskets for families in need.
44. Volunteer at a soup kitchen or homeless shelter.
45. Take families in need shopping for fruits and vegetables.
46. Organize an event to benefit a food bank in your community, use cans of food as admission.
47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
48. Create a cookbook of inexpensive, easy recipes.



Hunger



49. Create healthy snack packages to be distributed to children in need.
50. Partner with local restaurants or food markets to deliver donations to a shelter.
51. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
52. Collect infant formula and baby food for an organization serving young mothers at risk.
53. Work with healthcare professionals to provide free classes on nutrition & food preparation.
54. Provide fruits and vegetables as a healthy snack for children in childcare facilities.
55. Provide transportation for those who are elderly or visually impaired so they can shop for food.
56. Teach children to bake a loaf of bread they can take home to their family.
57. Invite a local food bank representative to speak at a club or district meeting.
58. Provide needy children with backpacks supplied with food for when school is not in session.
59. Host a picnic or BBQ at a park for the community.
60. Establish a community vegetable garden where local residents can grow their own food.



Vision

61. Organize a braille, large print and audio book collection to benefit a library or senior center.
62. Volunteer to create audio recordings of books & periodicals.
63. Work with local eye care professionals to provide community vision screenings.
64. Sponsor a World Sight Day event.
65. Sponsor visually impaired students through camps, contests or other activities.
66. Create a community arts program for children and adults who are blind or visually impaired.
67. Collaborate with an eye bank to promote the importance of corneal donations.
68. Develop a directory of community resources and services for those who are visually impaired.
69. Volunteer at a visual rehabilitation or vocational training center.
70. Organize an inclusive sporting event for children with and without visual impairment.
71. Host a fundraiser to purchase and donate white canes for those who are blind.
72. Work with local employers to develop an employee vision screening program.
73. Develop a discount voucher program with optical shops for underserved populations.
74. Design a transportation program for those who are blind or have low vision.
75. Host a "Beep Baseball" game or tournament.
76. Support a guide dog training program through fundraising or voluntary labor.
77. Develop an assistive technology library so people can access resources as their needs change.
78. Create a sensory garden that engages the senses of touch, smell, hearing & taste. Provide braille or audio recordings of signage.
79. Partner with a school for the blind to support assistive technology & maintenance needs.
80. Partner with an orientation and mobility specialist to provide ongoing support to teachers and employers of inclusive classrooms/workplaces.



Childhood Cancer

81. Provide craft materials, puzzles, books & games to children receiving treatment.
82. Prepare meals for families with children undergoing treatment.
83. Donate gas, parking & food gift cards to families in need or a childhood cancer center.
84. Provide cancer support books and magazines to your local school.
85. Write cards full of well-wishes and share them with a local cancer center.
86. Make or buy new hats, caps, head scarves and blankets to donate to children's cancer centers.
87. Coordinate travel arrangements to and from treatments for a family of a child with cancer.
88. Provide tutoring services to children with cancer and their siblings.
89. Organize a childhood cancer camp or sponsor a child to attend one.
90. Volunteer to assist a family in sharing their story through photography.
91. Sponsor an activity day for children with cancer.
92. Raise awareness through radio public service announcements or social media campaigns.
93. Provide children's entertainment at a hospital or treatment center for children with cancer.
94. Organize a weekend retreat for families with children in remission.
95. Remodel a children's cancer center.
96. Form a support group for those affected by childhood cancer.
97. Familiarize yourself with the bone marrow transplant registry.
98. Volunteer at a housing facility serving children with cancer.
99. Assist at camps for children with special needs.
100. Host a wellness and nutrition day advocating healthy living habits for young people.



Hello fellow Lions,

I am writing to you today to make your club aware of some changes that have taken place with the Lions Cavalcade for Diabetes Awareness program over the last year. This is just a follow up to the notice that was sent to all clubs in 2020.

Over the last year there have been changes at Diabetes Canada and one of them was that the Traveling Diabetes Resource Program has been discontinued.

MDC Lions Cavalcade For Diabetes Awareness program has been promoting Diabetes Awareness and raising funds in Multiple District C to support Diabetes Awareness programs provided by Diabetes Canada since 1987.

When the T.D.R.P program was discontinued the Lions Cavalcade committee contacted Diabetes Canada to see what they had available as a program to promote Diabetes Awareness and the following is the program that we decided to support re Diabetes Awareness in Multiple District C.

Peer Connect Program (Alberta, Northwest Territories & Northeast BC)

This program is a quarterly series of Diabetes Awareness sessions for Type 1 and Type 2 Diabetics sponsored by Lions Cavalcade for Diabetes Awareness for all the residents of MDC both Lions and Non-Lions. Below is a link to the Diabetes Canada website for the Alberta Peer Connect sessions as well as the dates each will be presented on. Please register and put dates on your calendar.

Type 1 Peer Connect Sessions for each quarter of 2021.

April 14, 2021, June 17, 2021, Sept 22, 2021, Dec 8, 2021

Type 2 Peer Connect Sessions for each quarter of 2021.

April 15, 2021, June 16, 2021, Sept 23, 2021, Dec 9, 2021

Please use the attached posters to post in places in your community for others to see.

Please forward this email to all your club members and family members.

For further information about Lions Cavalcade for Diabetes Awareness or to register to attend the Diabetes Canada Peer Connect Programs see the following websites:

[Lions Cavalcade for Diabetes Awareness](#)

[Diabetes Canada Peer Connect Program](#)

Thank you,

Lion Dennis Stevenson, MDC Lions Cavalcade for Diabetes Awareness Chairperson

Click Link Below

[Lions Cavalcade for Diabetes Awareness](#)

[Diabetes Canada Peer Connect Program](#)



SUPPORT

This virtual support group is for anyone affected by type 1 diabetes including family, friends, and caregivers.



LEARN

Hear from expert speakers as they present on a variety of topics and answer your questions on diabetes management.



CONNECT

Each session offers breakout discussions giving you the opportunity to share experiences with others in the diabetes community.

SESSION TOPICS & TIMES:

April 14, 2021
7:00 - 8:45 PM (MT)

**Nutrition & Exercise:
My Management
Toolkit**

June 16, 2021
7:00 - 8:45 PM (MT)

**My Diabetes Care:
Not Just About
Blood Glucose**

September 22, 2021
7:00 - 8:45 PM (MT)

**Know Your Team &
Support Network**

December 8, 2021
7:00 - 8:45 PM (MT)

Healthy Mindset



**For more details or to REGISTER for this FREE program, visit
diabetes.ca/ABPeerConnect or call 1-800-BANTING (226-8464)**

You can participate from the comfort of your own home by using your laptop, tablet or smartphone. Toll-free call-in option is also available!

Click Link Below

diabetes.ca/ABPeerConnect