Lions Clubs International District C-1 Newsletter

VOLUME 8 NUMBER 3 SEPT 2022

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Next NewsletterSubmission Deadline:
25th of current month

Michael Clulow Lions Link Editor 780-263-6674 EMAIL



With the end of summer brings fall and a time of change, but also beginnings for many rural clubs in our District. With Covid behind us, our clubs are resuming their meetings. This is great news as many have not met, or met regularly for some time. Enjoy meeting in person and engaging with your fellow Lions. Autumn also means routines are back in place with students going back to school and with employee work schedules.

As you meet with your fellow Lions to start your Lions year, remember that membership is a priority, so let's share the joy of being a Lion with others. Whether its a service project in your community or to assist our global communities, consider inviting someone new to join you and learn about our global causes. Service is what we do, so be innovative and think big when thinking about service in your club.

Now that you will be meeting again, remember that your Lions Club International (LCI) and your District C1 dues must be paid. LCI and District C1 dues are billed semi-annually. Dues are billed on July 1 for the period July 1 to December 31. District C1 dues will be emailed to clubs very shortly including instructions for paying your District dues. Please ensure your club and/or treasurers email address are up to date on MyLCI.

District C1 has several goals for 2022-2023. International President Brian Sheehan encouraged all Districts to identify goals and actions plans. Goals were developed for Service, Membership, Leadership and Lions Clubs International Foundation (LCIF). The C1 membership goal aims to rebuild our overall membership after several years of net membership losses. All members are challenged to bring at least one new member into your Lions club. The C1 service goal is to work with clubs in the district on increasing the reporting of service activities. As Lions our motto is "We Serve", and it is important to share what we do. Your work as Lions is some of the most important work, because every day, our service changes lives. Reporting, or sharing with Lions Club International our stories and successes are essential.

Keep in mind the challenge set out by our International President Brian Sheehan – that "*Together We Can, And Together We Will*" make our District the best! And as Lions, that's what we're going to do every day.

DG Suzanne Leshchyshyn



DG TRAVELS

August has been a busy month with great weather to enjoy! The month started with two 50th Charter Anniversaries. I was honoured to be invited to celebrate the 50th Charter Anniversary of the Consort Lions Club on August 5, 2022 and the Pigeon Lake Lions Club on August 6, 2022. Both clubs recognized 50-year Lions charter members. I addressed the clubs and made presentations on behalf of the district. Congratulations to the Lions in these clubs who continue to serve in their communities.



Consort Lions 50th Charter Anniversary



Pigeon Lake Lions 50th Charter Anniversary

The District GLT coordinator organized and facilitated a successful Zone Chairperson training on August 13, 2022 for appointed zone chairpersons in our district. A special thank you to the trainers and participants. Lots of learning, sharing and fun was had by all!

The first Cabinet Meeting of District C1 was held on August 14, 2022. It was a successful meeting with 21 cabinet members and two guests present. A brief overview of the Global Membership Approach process was provided. This process is new to cabinet members, and included a review of the District C1 goals for 2022-23. The C1 District budget for 2022-23 and, the C1 2023 Convention budgets were approved, and other business was discussed. Work continues on finalizing the District Directory for C1 – the first in many years. Cabinet members are all very supportive of this to help with communication, encouraging visitations and reengaging lions throughout the district.

After the meeting, I had the privilege of presenting two International President's Certificate of Appreciation in Recognition of Distinguished Achievements in Fulfilling the Mission of Lions Clubs International.



Lion Michael Clulow



PDG Lion Frances Sawiak

The 2022-23 Cabinet consists largely of a new group of lions who are excited and eager to work with other lions in our district. From the Vice District Governor team, zone chairpersons, Global Action Team (GAT) team, and global cause chairs, they are all eager to work on our district goals and action plans. With teamwork, a



positive attitude and finding new solutions to our challenges we will have success. There are still vacant positions on Cabinet which I will be working on filling in the upcoming months. In my many conversations with clubs, they are feeling excited at the direction of cabinet this year.

I am scheduling District Governor visitations, as one of my personal goals for this year is to visit the clubs in our district. Clubs are very welcoming and eager to share their accomplishments with me, and appreciate the District Governor stopping by to spend time with them. I get a feeling of pride for their club when I learn of the good work and amazing projects being carried out in their communities, sometimes with small numbers of Lions.

The District C1 2023 Convention will be held January 27-28, 2023 at the Norseman Inn in Camrose, jointly hosted by the Bawlf & District Lions Club and the Camrose Swans and Roses Lions Club. Our guest will be International Director Allen Snider of Ontario. More details including registration form will be emailed to all lions in the district in the upcoming weeks.

I have been extremely busy with the USA Canada Lions Leadership Forum coming to Calgary Sept 15-17, 2022, hosted by our Multiple District. My Host Committee responsibility is Volunteer Manpower Chair which means I am assigning volunteers to the 15+ committees for several thousand volunteer/manpower hours from Sept 12 to 17th. If you have not yet registered for the Forum, go to:

www.lionsforum.org; and/or would like to volunteer, go to:

www.2022lionsleadershipforum.com.

I look forward to meeting your club and members in the coming months to learn about your successes. Have a great month of September.

Together We Can, and Together We Will.
Lion Suzanne
District Governor C1 2022-23

WELCOME NEW LIONS

Member Name

Lyle Radkewich Dennis Gagnon Frances Struthers Erin Guevarra Carly Hoeven Pauline Blumhagen Richard Blumhagen Barbara Hood Kathryn Morris **Carol Stewart** Dawna Tishauser Brandon Tracey Hope Tracey Linda Hadley Mary Berlinguette Christine Conroy

Lions Club

Boyle Lions Devon Lions Devon Lions Edmonton Host Lions Edmonton Host Lions Edmonton Millwoods Lions Edmonton Millwoods Lions Edmonton Millwoods Lions **Edmonton Millwoods Lions** Spruce View & District Lions St Albert Host Lions Thorsby & District Lions Thorsby & District Lions





July 30, 2022

District C1 Cabinet C1 Advisors Lions and Leos

Dear Fellow Lions

Re: LCICon 2022 participation in Montreal

Thank you to each of you who took the lead by being in-person participants at the LCICon 2022 in Montreal. Despite some travel issues, I sincerely hope that each of you found many things to enjoy at the convention and in the host city of Montreal. Many of you also volunteered in support of the Campaign Committee to elect me as your first vice president. I know that you each contributed in your own way. For example, I was so pleased to encounter many of you at the Parade of Nations as you brought our Canadian spirit to the Lions of the world as well as the streets of Montreal. I also want to thank those of you who distributed Campaign eyeglass cloth giveaways, or posted our posters to engage the public. Thank you as well to those who supported Lion Greg and me as we visited countless Lions breakfasts or evening receptions. Thank you for engaging in conversations with Lions from other countries, welcoming them to Montreal and Canada. I also want to thank each of you who served as a table host or as a greeter at the Canadian Reception. So many Lions from around the globe have reached out to me since the Convention asking that I convey their heartfelt appreciation to the Lions and Leos of Canada for providing the reception venue - an opportunity for them to socialize, to renew old friendships and make new ones in such a lovely setting. The reception truly was a wonderful opportunity for us to host the world. For all of this, I thank you.

Whenever we come together as a global family of Lions and Leos, we have the opportunity to strengthen the bonds of friendship and fellowship - friendships that may have begun as Zoom encounters or at previous Conventions or Forums. When each of you participate in this type of communication and relationship-building, you help the world understand that we, as Canadian Lions and Leos, stand with them in providing community and humanitarian service. For this, too, I thank you.

As we go forward, every effort will be made to coordinate the Lions of Canada plans with the Campaign Committee plans in preparation for our presence at the Boston Convention in 2023. If you enjoyed your experience in Montreal in 2022, I encourage you to "each one, bring one" to the LCI Convention in Boston next July 7-11.

Once again, thank you for all that you do for your communities and all that you have done to support me as your vice president.

Yours in Friendship and Service,

VP Dr. Patti Hill A Proud District C1 Lion



Lion Patti's Presidential Video

A team of 10 people from Illinois arrived in Edmonton to film a video in anticipation of **Lion Patti** becoming International President next year. Over the course of the week, they filmed in several locations in Edmonton aided by club members, members of other clubs, and friends and relatives. Some days were long with 7:15 AM starts and some were hot, others a bit damp. Throughout it all, everyone hit their mark. Our thanks to **Lions Carole H. and Blair** for coordinating everything with the video crew.

Lions Kulwinder and

Patti act out a scene

others write resumes and obtain jobs.

they filmed helping



right are two wonderful extras who helped out, Lions Mickey [R] and

Claude (L) of the St. Albert Host Lions Club



Lions Club in Chicago.

From Edmonton (Host) Lions Newsletter September 2022

EHLC Terra Center BBQ



MLA Rakhi Pancholi, Edmonton-Whitemud (4th from right) with (LtoR) Lions Emille, Harry, Anthony, 3 students, Mahek, Kayla, and Bria, Rakhi, Lions Donna, Jock, and Bernie. Not in the photo - Lions Carol C., Ray, Janet, Wendy, Lois, Carole H, Patti, and friends Rick Letouneau, and Eugene Gruzin. Congratulations to Lion Harry for his leadership in organizing this.

EHLC Central Lions BBQ

Members of the Edmonton Host Lions Club (EHLC) turned out to feed hungry seniors at the Central Lions Senior Association Open House on Wednesday morning, August 24.



The attendance at this event far exceeded everyone's expectations. In the past, our club has served 150 to 200 hot dogs at this event.

Continued next page

Windy City

Left are two of the video crew with Lion Patti (Center). Both Lion Kristopher (L) and Lion Carole (R) are members of the



On this day, our club served over 700 hot dogs, countless bags of chips, and a variety of drinks. Under the leadership of organizer **Lion President Emille**, the team dug in and adapted to make sure as many people were fed as possible. Congratulations **Lions Ray, Harry, Donna, Wendy, Janet, Robin, Carole H,** and grill master Duane on a job well done.

The Bridge Healing Project

On August 24th, a production team was here from Chicago doing videoing for Patti for when she is elected as International President.



Pictured are Project. Representatives from Edmonton Chinese Lions, Royal Alex Hospital, our very own 1IVP Dr. Patti Hill, Jasper Place Wellness and District C1.



An International collaboration of production crew with the Bridge Healing Gang.



Filming took place on location at 16022 100 Avenue on Friday, August 26th in 34 degree heat.

Dr Patti Hill reviewing footage with a producer from Chicago.



photos were taken by Dr Louis Francescutti



LIONS IN ACTION





SAVE THE DATE

District C1 Cabinet Meetings
Nov 20 (Zoom)
Jan 28 (Camrose)
March 05 (Zoom)
June 17 or 18 (TBD)



USA/CANADA LIONS LEADERSHIP FORUM IS

GOING TO CANADA

LOOK OUT CALGARY

SEPTEMBER 15 – 17, 2022

SEE FLYER PAGE 10

REGISTER ON-LINE

CANADA PEER CONNECT PROGRAM



ALBERTA/BC SESSIONS Type 1

diabetes.ca/t1peerconnect

September 14, 2022 Diabetes Sex & Health Drugs October 26, 2022

Diabetes & Mental Health

ALBERTA/BC SESSIONS Type 2

diabetes.ca/t2peerconnect

September 15, 2022 Diabetes Sex Health & Drugs.

October 27, 2022
Diabetes & Mental Health



53th Anniversary Champagne Brunch

10:00 am Sunday Oct 2nd

See page 13







LIONS DISTRICT C-1 CONVENTION

January 27-28, 2023
Camrose, Alberta

More Details to Follow

Stay Tuned!

LIONS DISTRICT C-2 CONVENTION

February 03-04, 2023
Drumheller, Alberta

More Details to Follow

Stay Tuned!

LIONS MDC CONVENTION

April 28-29, 2023
Vegerville, Alberta

More Details to Follow

Stay Tuned!

INTERNATIONAL NEWS



VIEW LCIF NEWSLETTER ON-LINE



Your photo here
Is worth 1,000 words



LINKS TO OTHER NEWSLETTERS

MD C NEWSLETTER

DISTRICT C-2 NEWSLETTER

EDMONTON HOST SEPTEMBER NEWSLETTER

ST ALBERT HOST NEWSLETTER

THE CLUB DIGEST





The Green Capes are here.....the Green Capes are here!

Or at least they will be if your Club has put in an order for the latest Lions Foundation of Canada Dog Guide (LFCDG) calendars. This is a great fundraising opportunity for your Club to put a few dollars in the activity account. Participating Clubs sell the calendars for \$20 each, half the money goes back to support LFCDG for their puppy and training program. The other half, the Club keeps for your efforts to use in your community. Minimum order is 25 so, that's a quick \$250.00 or more for your activity account. And seriously, who doesn't want a calendar full of adorable puppies? If you'd like more information on getting involved in selling the puppy calendars, email lions@greencapes.com Order soon so you can get them sold before the Christmas stocking stuffer rush!

I had the opportunity to be around the puppies with my spouse, District Governor Suzanne, at the training facility in Oakville and Breslau, Ontario this past June. What an amazing experience to witness the trainers working with the prospective Dog Guides in the seven different programs offered by Lions Foundation of Canada. The first Dog Guide you think of is vision, but Lions Foundation of Canada also offers Dog Guides for hearing, service, diabetic alert, seizure response, autism assistance and facility support. Even with the trainers back at it

Continued next page



full time after Covid, the waiting list for any one of the Dog Guides continues to grow. If you don't already receive the "Paws For Thought" newsletter, look up the Lions Foundation of Canada webpage, www.dogguides.com, and you'll read all about the need for these wonderful dogs, the change they have made in people's lives, and the many programs your Club could help support to make this program possible.

Very soon, you'll be hearing about a Capital Campaign for Lions Foundation of Canada Dog Guides, "The Difference Campaign". The need for a new and much large training facility has become a reality. While at the training facility in June, I witnessed dogs being trained in meeting rooms, hallways, parking lots, etc., because the existing facility is too small to meet the demands of the program. I saw dogs being taken out to play and get exercise, in an area no bigger than a two car garage because there is just no more room. The other reason for the expansion, is to increase the breeding program which will increase the number of trained Dog Guides. which will increase the number of matches for people with medical or physical disabilities, which will change the lives of more people all across Canada, because the Lions across Canada stepped up and supported The Difference Campaign. The goal is to raise \$25 million dollars and have a new facility up and running by 2025. A huge goal, but I know we can all make it happen because

Where There's a Need, There's a Lion!
Another way to support the program and, honor a
Club or Community member, is by donating
towards a Judge Brian Stevenson Fellowship,
meant to recognize outstanding Lions and other
deserving recipients. This recognition for

community involvement or great achievement is one of the greatest honours that can be bestowed in Lionism. The recipient will receive a Judge Brian Stevenson medallion, lapel pin and signed certificate. I know I wear my Judge Brian Stevenson Fellowship lapel pin with pride and so will the Club or Community member you honour. For every \$500 donated, you can honour one deserving person.

1VDG C-1 Lion Dave Leshchyshyn MD C & C-1 LFCDG Co-ordinator davensuzie @shaw.ca

Order a Judge Brian Stevenson Fellowship or a progressive JBS Fellowship on-line

BULLYING BY ADULTS

When we hear the term bullying, we often think of something that takes place at our schools. Unfortunately, many schoolyard bullies grow up to become adult bullies and they replace the schoolyard with the workplace or the organizations they volunteer for. Like bullying in school-aged children, bullying by adults can be a very serious problem. Workplace bullying is defined by Wikipedia as "using persistent, aggressive or unreasonable behaviour by an individual or a group against a co-worker or subordinate". This definition would also apply to organizations. Tactics used by bullies can be verbal, nonverbal, psychological, physical abuse and humiliation. Bullying amongst adults can be difficult to deal with because bullies can be in a position of power, bullies may believe no one will say anything or sometimes no one has told the bully that their behavior is a concern due to fear or not knowing what to say or do.

Bullying by adults can affect the mental, physical and financial health of the victim and can lead to high sickness rates, low morale, poor productivity and turnover. In volunteer organizations it can lead to valuable Lion

Continued next page



members quitting our organizations. In Lions, our Code of Ethics does not tolerate bullying or inappropriate behaviors to others. Our Lions Code of Ethics:

- To Show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
- To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- 3. **To Remember** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.
- Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- 5. To Hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed.
 To give them freely of my time, labor and means.
- To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- 8. **To Be** Careful with my criticism and liberal with my praise; to build up and not destroy.

How do we deal with bullying if we experience it or see it? If you are bullied or see bullying talk to the bully if you feel safe. If you do not feel safe then report it to a trusted member of the executive of your club. If you are not in immediate danger sometimes taking 24 hours before talking as this helps to get your emotions and thoughts under control and then ask to speak to the individual. When talking to the person remain calm in control of your emotions. This may have a calming effect on the bully. Focus your attention on the other person so they know you're interested in what they're saying. Encourage the person to talk and try to stay open-minded and objective. Acknowledge the person's feelings, by saying something like, "I can see you're upset." Beware of words you're choosing and how you're saying them. Try to focus on the behaviour rather than on the person. Speak slowing, quietly and confidently, explain how you are feeling. Don't use blaming language like "You always" Rather, describe your feelings: "When you, I feel ..." Tell the aggressor that their behavior is offensive, unwanted and to stop. Use calm body language: keeping a relaxed posture with your hands unclenched and a neutral attentive expression. Position yourself so that the exit is not blocked, and give the person enough physical space. Talk to the person away from others but if you feel scared have someone in the room. Document what happened to you. If the behavior is repeated report it to a trusted person on the executive. Don't be afraid to ask for assistance and support from the organization. If you see bullying and feel comfortable to intervene talk to the person doing the bullying. If you are not comfortable talk to the executive about what you witnessed. If you do nothing than the bully can continue their behavior. Sometimes people are not aware of their behavior and will change when it is brought to their attention and sometimes they are aware and need to be held accountable.

On our Lions Learning centre there are courses on conflict resolution that you may find helpful and on the Alberta Alis site there is also some information: https://alis.alberta.ca/succeed-at-work/manage-challenges/bullies-at-work-what-to-know-and-what-you-can-do/. If you need assistance reach out to someone you trust to help you deal with it.

By Pat CalyniukC1 Mental Wellness Chairperson



In Memoriam



Alan
Bissonnette
passed away on
August 4th. Alan
was a good
friend and a
fellow Lion. He
was also a

mentor to many in our club.

For many years Alan was a Board member and Chairman of Lions Villages of Greater Edmonton Society. An EHLC project, Lions Villages eventually expanded to become three lease-for-life villages located in Castledowns, Railtown, and Riverside, and provides a total of 268 self-contained units for seniors.

Lion Alan was the happiest when he got to drive a bus full of seniors either shopping or on a trip excursion. He truly enjoyed the interaction with all his passengers.

Alan may be gone, but his memory lives on in all those whose lives he touched and made better.

From Edmonton (Host) Lions Newsletter September 2022

Lorenz Eric Wiens, of Edmonton, Alberta passed away on Tuesday, August 9, 2022.

Lorenz leaves his loving wife, Shirley, of 62 years, and sons Doug and Dale. He is survived by his siblings Leona, Elvera, Roger (Joyce) and is survived by his sister inlaws Pearl, Bernette, Joanne, Barb, Marilyn,



Betty and many nieces and nephews. Lorenz is predeceased by his parents Jacob and Justina, his brothers Victor, Werner, Ruben, Art, Chester, George, Dan his brothers in-law John Grotkowski and Jim Matlock, also his niece Terri Ward.

Lorenz was born in Wembley, Alberta May 6, 1936. He grew up on a farm 40 miles northwest of Grande Prairie. In 1958 he worked eleven years at R. Angus in the shop as a heavy duty mechanic, and became foreman. He started Wiens Excavating Ltd. in 1969 installing water lines, septic systems, and general excavating activities.

Lorenz and Shirley bought a home in Apache Wells, Mesa, Arizona, and spent 20 winters there. His activities included golf, pool, wood working and enjoying the company of many friends.

A committal service was held on Friday, August 19, 2022 at Rosehill Cemetery, 1605 - 141 St. SW, Edmonton, AB T6W 1A3, followed by a reception at Hainstock's Funeral Home.

Memorial donations may be made to the "Prostate Edmonton Peer Support Society" (PEPSS) or the Cross Cancer Institute or charity of your choice.

Hainstock's Funeral Home & Crematorium



53th Anniversary

Champagne Brunch

10:00 am Sunday Oct 2nd at the St Albert Inn

- Socializing starts at 9:30
- please join us in celebrating our 53 year of service
- Speaker DG Suzanne Leshchyshyn
- \$35.00 per person
- reservations required

Please contact Lion Paul Benson @ 780 459 5509

Email **SABLions@shaw.ca**

SABLions@shaw.ca



Saturday Oct. 29/22

(Busby Community Hall)

Music by Jordan Rody

"Alberta's Polka King" & His Band

Serman Beer Serman Cocktails: 8:00 p.m. Dine Entertainment: 9:00 p.m.

Serman Food Cickets: \$40.00 ea. Ausic

Phone Terry: 780-717-4098 Cathy: 780-307-5246 or any member of the Busby Lions Club



Sponsored by Busby & District Lions Club

(No Minors - Tickets Non-Refundable)



35TH ANNUAL LIONS INTERNATIONAL PEACE POSTER CONTEST 2022 - 2023



"Lead With Compassion"

Sponsor a Lions International Peace Poster Contest and join clubs worldwide in sharing children's visions of peace with your community.

How the Contest Works

Only a Lions club can sponsor the contest in a local school or organized youth group. The contest is open to students 11-13 on November 15, 2022. Participating students are asked to create posters visually depicting the contest theme, "Lead With Compassion."

One winner for each contest sponsored by a club is chosen to advance to the district governor for judging. On the district level, one winner is selected to go on to the multiple district competition and from there one winner is forwarded to International Headquarters for the final judging. Entries are judged at all levels on originality, artistic merit and portrayal of theme.

During the final judging, 23 merit award winners and one grand prize winners are chosen to represent the many entries submitted from around the world.

Awards

Artists of posters advancing to the final international judging are recognized as follows:

- International Grand Prize Winner receives a trip to an award ceremony where he/she will receive a cash award of US\$5,000 (or local equivalent) and an engraved plaque. Two family members (one being the winner's parent or legal guardian) and the sponsoring Lions club president or a club member (as designated by the club president) will accompany the winner to the award ceremony.
- 23 Merit Award Winners each receive a cash award of US\$500 (or local equivalent) and a certificate of achievement.

How to Enter

Lions clubs must order a Peace Poster Contest kit from the District C1 Peace Poster Chairperson PDG Claude Carignan. Kit costs CDN \$ 15.00. Each kit contains everything your club needs to sponsor one* school or organized, sponsored youth group:

- Official Club Contest Guide & Rules
- Official School or Youth Group Contest Guide & Rules
- Participant Flyer may be duplicated and given to each participating student to take home
- · Sticker to place on back of winning poster
- Certificates for contest winner and school or youth group

*Clubs can sponsor more than one contest in either the same or multiple school(s) and/or youth group(s) by purchasing more than one kit. Clubs will send one poster per each contest sponsored to the next level of iudaina.

The Lions International Essay Contest entry form is also included in this kit and on the LCI website.

PR-785 EN 10/16

To order Peace Poster Contest kits (PPK 1) or poster paper, submit this form to PDG Claude Carignan at email: carignan@shaw.ca OR Phone 780-478-3930

Oty @CDN\$15 00/02 \$

Visit www.lionsclubs.org [search: Peace Poster]. For more contest information, deadlines, to download a video and view past finalists'

Pages Poster Contact Kit (DDK-1)

reace roster contest kit (rr	K-1) Qty.@CDI4#1	J.00/Ea.#
Poster Paper (65 lb) 1	7" x 23" @\$.35 each	\$
Payable to District C	<u>5-1</u>	Total
Ship order to:		
Name		
Address		
City		
Postal Code	Country	
Daytime Phone # (Required)		
F-mail Address		



The Stampede Telegram

The latest news and information for the Calgary 2022 USA/Canada Lions Leadership Forum.



Don't miss out on the "Stampede to Calgary" Register Now!

There are only 15 days left until we Stampede into Calgary! Act fast and register so you don't miss out!

Register Now



Explore how to achieve your full potential with Catriona Le May Doan

Catriona Le May Doan is a Canadian Olympic Gold Medalist Speed Skater. After carrying the Canadian flag into the 2002 Olympic Winter Games opening ceremonies, Catriona Le May Doan defended her Olympic title with a Gold medal performance in the 500-metre speed skating event, becoming the first Canadian individual, and the only female Canadian individual, to defend a gold medal at any Olympic games. We will explore the method of achieving personal excellence while challenging and motivating ourselves to achieve our full potential with Catriona on Friday during lunch!





We will be putting together winter kits for the Mustard Seed. Items must be new and can be for either men or women. Items that can be brought: gloves, mittens, underwear, socks, long underwear, backpacks, toothbrushes, toothpaste, female hygiene products, deodorant, disposable razors, shampoo, tissue packets, and energy bars. Larger items, such as winter coats, work boots, hard hats, construction pants and safety glasses, will also be accepted.



Become a Friend of the Forum!

You can help the Forum fulfill its' mission by becoming a Friend of the Forum. As a Friend of the Forum, a Lion, Lions Couple, Lions Club, Lions District or Lions Multiple District can support this fantastic event whether you are planning on attending or cannot attend but believe in the event enough to still be a part of it.

Additional Information Here



Don't miss your chance to shop at the Forum Store!

We can't wait to share the Forum Store with you! Just a friendly reminder that all pricing will be in Canadian dollars and at checkout we will only be accepting Canadian currency or credit cards. Tax will also be added at checkout. No American currency will be accepted.



Save Sight in Children with Hillrom & School Health

Vision problems are common among children, with 19 million worldwide living with a vision disorder.¹

Hillrom and School Health, Hillrom's strategic distributor for the Welch Allyn® Spot® Vision Screener in the U.S. education and non-profit segment, will be showcasing the Welch Allyn® Spot® Vision Screener at the USA/Canada Lions Leadership Forum in Calgary in September. The Spot® Vision Screener is a handheld, portable device designed to help quickly and easily detect vision issues on patients as young as six months. Learn how to design an effective vision screening program for children in your community.

¹Children's Eye Foundation. https://www.childrenseyefoundation.org. Accessed January 2 2010



Thank you, PlusOptix!

The USA/Canada Lions Leadership Forum is proud of our partnership with PlusOptix! PlusOptix gives Lions the ability to conduct vision screening in their community. As an easy-to-use device with fast, objective results immediately available to provide parents, daycares, or school nurses you will be able to meet the vision screening needs in your community.

Visit PlusOptix

Camp Jean Nelson <u>Forum</u> Website Host Committee Website

Visit Calgary



Call Us At: 800-265-2680

Make A Donation



Join us at an Upcoming Social Emotional Learning Workshop



Please share widely!

Here are the confirmed upcoming dates for our virtual training sessions for Lions Quest Social Emotional Learning (SEL) schoolbased programs: Wednesday September 21 - 1-3 pm EDT

Friday October 21 - 1-3 pm EDT

Wed November 2 - 4-6 pm EDT

Friday November 18 - 1-3 pm EST

Tuesday December 6 - 4-6 pm EST

Lions Clubs or Districts may be willing to sponsor participation! Each training session is limited to a maximum of 15 participants, and the \$350 fee will include the training as well as the curriculum resource package for one grade level. Participants will be expected to do some self-directed learning prior to the live virtual session. Register early to avoid disappointment, and to ensure that you receive your material in time to prepare for the training session.

Workshop Flyer including Registration Link

Lions Quest Program Overview

Sample Lesson

If you are interested in a hosting a training session for your own group - please contact us.

If you were trained on a previous version of the program and would like the latest edition, you can order it on our <u>website</u> for \$199.95 plus shipping & taxes. You may also be interested in participating in the workshop as a refresher. Sponsorship from your local Lions Club may also be available for this upgrade.

Instructional Strategies



Here are a few ideas to help you build a safe, nurturing, comfortable group environment while leading discussions:

Open-ended Questions – Participants need to feel safe and encouraged to participate in a discussion. The facilitator uses open-ended questions and respectful responding to invite and support participants in sharing authentic ideas, experiences, perceptions, and knowledge. This is part of the nurturing environment that encourages people to take risks and pursue their own thinking.

Timely Critique – The facilitator needs to be prepared to do any of three things when inappropriate responses are shared. One option is to acknowledge feelings (emotions are valid), another is to explore consequences (what may happen with that behaviour/action), and the third is to redirect (what other options are there).

Confidentiality – When appropriate, the facilitator makes it clear that what happens in the group stays in the group. This guideline makes it safe for participants to share personal experiences and make mistakes, creating a positive and honest environment.

Right to Pass – Participants have the right to pass on an activity or discussion with no questions asked. Guidelines need to be provided so that the option is not over-used by a participant.

Source: Lions Quest Universal Program Guide

Are you already using Lions Quest Programs?

We'd like to hear from you. This very brief survey will provide us with valuable feedback.

