

# Li ns Link

Lions Clubs International District C-1 Newsletter



## Dave Leshchyshyn

District Governor  
403-872-0115 [EMAIL](#)

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Vice District Governor  
780-719-5336 [EMAIL](#)

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2<sup>nd</sup> Vice District Governor  
403-728-3353 [EMAIL](#)



Another month gone by, almost half way through the year and we have so much to be thankful for. Most of all, the lack of snow shoveling we've had to do! However I will concede, I did use my snowblower to get rid of a dump we got at home. More laziness than necessity but at least I got to play with my toy! Seriously though, I hope you were thankful last month for the feast with family and friends. Thankful to those who perished to give us the freedoms we have today, and thankful for the opportunity to change lives and help change the world, by being a Lion.

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## Next Newsletter

Submission Deadline:  
25<sup>th</sup> of current month

Michael Clulow

Lions Link Editor  
780-263-6674 [EMAIL](#)

A couple of great things happened in our District in November. The Lions Partnership in Action between Lions Clubs International Foundation, Lions of District C-1 and the St. Albert Further Education Newcomer Connection, as the official opening was held of the new classroom to help Ukrainian and other newcomers with English as a Second Language classes. The purchase of all the equipment, tables, chairs, audio/visual, laptops, books, etc., was made possible through a generous Grant from LCIF that made additional instruction possible. What a great afternoon. Also, the Peace Poster District Judging was held at Ecole Fox Run School in Sylvan Lake. All I can say is, what tremendous artistic talent we have in our District from those students who submitted posters! I know there is much more talent out there just looking for an avenue to display their skills. Peace Poster is that opportunity and I hope to see more Clubs getting involved, especially rural Clubs, in next year's competition. More on those stories later in the newsletter.

The District C-1 Convention is just around the corner, February 23<sup>rd</sup> & 24<sup>th</sup> in Drayton Valley. You don't have to drive very far. Some great, affordable hotels to choose from for your accommodation. There will be a shuttle to get you from your hotel to the Convention venue. Plus, it's very economical at only \$115.00 for both days of Convention activities. This is also your chance to use your voice to decide future leadership in our District. Nominations are open. Let the Nomination Committee know who you recommend for leadership. Voting will be held in person at Convention. There are also many deserving Lions and community members in our District. Have you nominated anyone for deserving District recognition? Look for more information in this newsletter, or on our website, lionsc1.org.

*Continued next page*

The Christmas season is already upon us. Christmas music in the stores, decorations on sale everywhere, Christmas lights shining on our homes, blow-up Christmas figures everywhere! Celebrations with friends, family, co-workers will occupy much of your time the next few weeks. Enjoy the fellowship, the warmth of togetherness, the bounty on our tables. Be thankful.....but also be reminded of those who don't have that bounty, that warmth, that fellowship, that don't have....anything! Be generous to those collecting for the needy, be helpful to those who are providing meals to the hungry, be supportive to those who have nobody close, be kind to those who are looking for help, be a LION.

On behalf of my Partner in Service, my Companion for Life, Immediate Past District Governor Suzanne, we wish you a Christmas filled with joy and happiness and thankfulness for the blessings of the past year and many years to come. Merry Christmas.

*Lion Dave Leshchyshyn  
District Governor C-1*



**Mission 1.5, is to increase Lions membership to 1.5 million around the world.**

**<https://www.lionsclubs.org/en/resources-for-members/mission-to-grow>**

**Congratulations to these Clubs and new members making it happen**

### **REMINDER TO CLUB SECRETARIES:**

PLEASE UPDATE YOUR CLUBS ROSTER  
ON OR BEFORE DECEMBER 27.  
LCI AND THE DISTRICT USE MEMBER  
NUMBERS AS OF DECEMBER 31  
FOR BILLING PURPOSES.



Childhood Cancer



Hunger



Environment



Vision



Diabetes



Disaster Relief



Humanitarian  
Efforts



Youth

## Celebrating Christmas and the Midpoint of Our Lions Year

Dear Lions of Multiple District C,

As we gather around the warmth of the holiday season and the joy of Christmas, we find ourselves at a significant juncture in our Lions journey. We are now halfway through our Lions year, and it's the perfect time to reflect on our progress, re-evaluate our goals, and reaffirm our commitment to making a positive impact on the world.

### **\*\*Are We On Track for Our Goals?\*\***

Reflecting on the past six months, we can be proud of the incredible work we've achieved. We've continued to serve our communities, support those in need, and spread the message of compassion and service. However, let's not rest on our laurels. The second half of our Lions year presents us with fresh opportunities to reach even higher and accomplish even more. Now is the time to review our goals, identify areas where we can improve, and set our sights on new milestones to accomplish together.

### **\*\*Have We Accepted the Mission 1.5 Challenge?\*\***

In the spirit of embracing global challenges, it's essential to ask ourselves whether we've accepted the Mission 1.5 challenge. This initiative, driven by Lions Clubs International, is our commitment to grow our global membership to 1.5 million members by July 1, 2027. This ambitious goal is a testament to our dedication to expanding our reach and making a significant impact on the world.

As Lions, we've always been at the forefront of addressing the most pressing issues facing society. The Mission 1.5 challenge aligns perfectly with our mission of service and making a positive difference. By growing our membership, we not only increase our ability to serve, but also strengthen our global network of compassionate individuals.

If we haven't already, now is the time to pledge our commitment to this mission and take concrete steps within our clubs and communities to achieve this membership growth. Let us embrace the challenge with open hearts and unwavering dedication.

This Christmas, let's remember that the holiday season is not only a time for giving but also a time for reflection. As we gather with our loved ones and celebrate the joy of the season, let's carry this spirit into the second half of our Lions year. Together, we can continue to impact lives, work toward our goals, and accept the Mission 1.5 challenge by expanding our membership to 1.5 million strong by July 1, 2027.

May your Christmas be filled with love, joy, and a renewed sense of purpose as Lions. Let us embrace the challenges ahead and continue to serve our communities and the world with the same enthusiasm and commitment that have defined our organization for over a century.

Wishing you a Merry Christmas and a Happy New Year!

Yours in Lionism,

*Lion Brent Johnson* Council Chair Multiple District C



# Lions Partnership in Action

The 'Lions Partnership in Action' celebration was a great success. The event was held Friday, November 17, 2023. District C-1 Lions received a Ukrainian Refugee grant from Lions Clubs International Foundation (LCIF) and we partnered with the St. Albert Further Education Newcomer Connection Program.

The grant facilitated the purchase of the equipment and supplies for a second Adult English language learning classroom. The grant also supports a portion of the instructional costs for classes until June 2024.



Many speakers including Ukrainian newcomers shared their gratitude to our District C-1 Lions and partners. Thank you to the Lions who came to support our partnership.



All dignitaries and speakers at the Lions in Action Partnership. Lion Barb cutting the celebration cake.  
Photo credit: Lion Lucie Roy & Lion Suzanne Leshchyshyn

St. Albert and surrounding area have received over 480 Ukrainian families since the war began in Ukraine in March 2022. 🇺🇦

Where there's a need, there's a Lion 🦁



## District C-1 Peace Poster Judging Results – Dare to Dream



First Place -

Dakota Harris, St. Albert

13 yrs old

Poster goes on to the next level of judging against the winning poster from District C-2



Second Place –

Stephanie Walsh,  
Spruce View

11 yrs old



Third Place –

Brielle Siffledeen,  
St. Albert

11 yrs old

It was a tough night for judges at the District C-1 Peace Poster competition held at Ecole Fox Run School in Sylvan Lake. Two judges from the Sylvan Lake Art Society, the Art Instructor from Ecole Fox Run School, and a Lions Representative made up the panel to judge the 18 posters submitted for this year's poster contest. All were very impressed with the talent and caliber of artwork presented.

The winners will be awarded cash prizes and art supplies courtesy of District C-1. Congratulations to all the winners.

*DG Dave*

# DISTRICT C-1 LIONS INVENTORY

## for Club use

Clubs in District C-1 can borrow for their club service projects from the list of items found in the document posted on the District C-1 website -<https://lionsc1.org/club-resources/c1-documents/>

All guidelines and procedures to borrow items are listed in the document.

To reserve and borrow items, Clubs can contact:

Lion Derwin Bartlett

Phone: 902-989-2805

Email: [mytyke@yahoo.ca](mailto:mytyke@yahoo.ca)





## LIONS IN ACTION

### FORT SASKATCHEWAN LIONS CLUB

Scholarships were awarded to two Fort Saskatchewan students. Each student received \$1,000.00. The awards are funded jointly by the Fort Saskatchewan Lions Club and the Lions of Alberta foundation LIONS LEGACY SCHOLARSHIP.



Kendra Werner, Fort Saskatchewan High, and Riekyn van Iderstine, St. André Bessette Catholic School.

Both students are enrolled at Edmonton post-grad education programs.

*Lion Rod Linderman*

### Grande Prairie Lions Club



President Kathryn MacKenzie laying our club wreath on Remembrance Day

## FORT SASKATCHEWAN LIONS CLUB

HAS A NEW HOME!



Sign goes up at new Lions Community Hall Monday.

## Lions Community Hall opening on 101 Street

A former downtown appliance shop is now the Lions Club community hall.

Lions volunteers put the new sign on the old CnH Appliance building on 101 Street Monday afternoon. A lot of work now has to be done inside, but when finished it will include a meeting hall for up to 65 people, plus a small kitchen and washroom.

The rear of the building has been leased to the Lions Transportation Society, which operates Fort Saskatchewan's two handicapped mini-buses.

The new hall raises the profile of the club, says local Lions President Derwin Bartlett. "The people in the Fort didn't know where the Lions were."

As well as providing a meeting space for Lions, the hall will also be available to other charity organizations, especially those just starting up and in need of support, Bartlett added.

Local Lions own and operate the downtown wading pool, built Lions Haven senior apartments, the West River's Edge fishing dock, multiple playgrounds and operate the Lions Transportation Society handivans and the campground in Turner Park.

*Sturgeon Creek Post, Wed. Nov.08, page 11*

Thanks to Lions Rod L., Don B., & Derwin B. for installing the new sign.

*Lion Rod Linderman*



## SPRUCE VIEW LIONS CLUB

THANKS EVERYONE!!!!

The 2023 Trunk or Treat was sponsored by the Spruce View & District Lions Club and thanks to all who participated; it was a success.

Insurance was provided by King of Kings Lutheran Church and The SV Lions.

The prizes for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners were contributed by J-Bar-T, Tivoli, and The Bakery.

A huge thank you to SV School for distributing our posters and getting the word out there for K to 6 students and their parents. Local Businesses such as those mentioned above and the Post Office, Co-op, and Burnt Lake Gas graciously allow us to put up posters and help in any way they can.

185 ATTENDEES FILLED THE SV HALL PARKING LOT. AWESOME COMMUNITY SPIRIT!! SO MUCH FUN!!

Thank you, Creative Candy Givers for the Terrific Trunk Decorations and thank you Trunk or Treaters for the Creative Costume Collection.

Due to circumstances beyond our control, we had a late start this year. The Lion members have agreed to sponsor this event again next year and we promise to get the ball rolling sooner. We look forward to having more decorated vehicles participating to provide an even more diverse selection for the Trunk or Treaters.

DG Dave





## FORT SASKATCHEWAN LIONS CLUB



The lions team Ron and Carmen, Robert and Diane, Wendy, Rod and Diane.

Every year the lions sponsor a tree in the  
**Enchanted Forest.**

The tree this year is the best of the last decade.

Merry Christmas to all Lions from Fort Sask Lions Club

*Lion Rod Linderman*



## ST. ALBERT HOST LIONS CLUB



The St. Albert Host Lions Club helped local charities (Food Bank and Salvation Army) by sponsoring a tree at the St. Albert Christmas Market at the Salisbury Enjoy Centre, St. Albert on Saturday, Nov. 25th. Dec 2nd, 9th, and 16th. Thanks to our St. Albert Chamber of Commerce for this annual opportunity.

Each white dove has pinned on it, one club service project.

Each of the red hearts has one of our Lions' names written on it.

Let's change the world by serving others with peace, understanding and kindness.

*Lion Barb Riley*





# District C1 Convention 2024

UPDATE  
DEC 1, 2023

February 23-24, 2024

Mackenzie Conference Centre

5737 45 Avenue, Drayton Valley, Alberta

Hosted by the Drayton Valley Lions and Pembina Valley Lions



- Come meet our Special Guest – International Director Jay Moughon
- Theme: “LIONS –  
WE SERVE WE SHARE”
- Program details to follow.
- **Registration Form in this newsletter**

- A reminder to all registrants that we are doing a **service project** at the convention and would request that all attendees bring at least one of each of socks, mitts, toques to convention.
- We are having a **silent auction** and would appreciate each club attending to donate a silent auction item if possible.
- There are display tables available. Please let us know by Jan 31, 2024 if you require a display table. They are on a first come first serve basis.
- Our **theme for Friday Night is “One Project at a Time”** and we would like attendees to dress up as your favorite project on Friday Evening and we will have a little fun with that.
- Also, a reminder that registrations received by Dec 23 will have their name put into a special draw.
- We look forward to meeting you in Drayton Valley Feb 23 and 24, 2024
- **Questions/Inquiries:**

Lion Lorna Luchyk  
C1 Convention Chair 2024  
[Bar-dk@telusplanet.net](mailto:Bar-dk@telusplanet.net)  
1-780-542-5891





# District C1 Convention

## February 23rd and 24th, 2024



Mackenzie Conference Centre  
5737 45 Avenue, Drayton Valley

Hosted By the Drayton Valley Lions and Pembina Valley Lions

**Registrant  
#1**

Last Name:

First Name:

Name on Badge

Club:

☐ Lion

☐ Leo

☐ Non-Member

**Contact  
Information**

Phone:

Email:

**Special Dietary Needs:**

(Please Specify - diabetic, gluten-free,  
vegetarian, allergies)

**Registrant  
#2**

Last Name:

First Name:

Name on Badge

Club:

☐ Lion

☐ Leo

☐ Non-Member

**Contact  
Information**

Phone:

Email:

**Special Dietary Needs:**

(Please Specify - diabetic, gluten-free,  
vegetarian, allergies)

### Hotel Reservations:

Are the responsibility of the attendee(s)/registrant(s) and are NOT INCLUDED in  
the Registration fee. Use booking Code: **Lions C1**

#### Ramada Inn

2051-50 Street  
Drayton Valley  
780-514-7861  
\$139.00 + Tax

#### Holiday Inn Express Suites

5001 Brougham Drive  
Drayton Valley  
780-515-9888  
\$134.00 + Tax

#### Service Plus Inns and Suites

5704 Power Centre Boulevard  
Drayton Valley  
780-542-4348  
\$115.00 + Tax

*Shuttle Transportation between Hotels and the Mackenzie Centre will be provided free of charge*

**Convention Sponsored by: Drayton Valley Hospitality and Tourism Authority**

<b>Lion/Leo Guest Registration &amp; Full Meal Package:</b> (Includes Friday Evening, Saturday Program Lunch & District Governors Banquet)	Payment <b><u>on/or</u></b> before: January 26, 2024	#	x	per person	=	\$
	Payment <b><u>after</u></b> : January 26, 2024	#	x	per person	=	\$
<b>Convention Registration Only - (No Meals - Saturday Only):</b> (Includes Saturday Programs, no meals, does not include District Governors Banquet)	Payment <b><u>on/or</u></b> before: January 26, 2024	#	x	per person	=	\$
<b>Separate Lunch Ticket:</b> (a registrant may purchase a ticket for Lunch if their companion is not registered for the convention)		#	x	per person	=	\$
<b>Separate District Governors Banquet Ticket:</b> (a registrant may purchase a ticket to the District Governors Banquet if their companion is not registered for the convention)		#	x	per person	=	\$
<b>Total Payment:</b>						\$
<p><b><u>Drayton Valley Lions, Pembina Valley Lions, and DG Dave are asking everyone to participate in a Service Project with us during this year's Convention.</u></b></p> <p><u>Please bring at least one of each of the following if possible: Socks, Mitts, Toques</u></p>						
<p>Registration &amp; Payment Deadline is <b>February 9th, 2024</b> (no late registrations will be accepted). Full Payment must accompany this form to be registered for the convention.  Official receipts will be issued <b>AFTER</b> the convention.</p>						

**Submit Registrations as Follows:**

<b>Credit Card</b> <input type="checkbox"/> Visa <input type="checkbox"/> MC	<b>Card #</b> 	<b>Postal Code:</b> 	<b>Expiry Date:</b> 	<b>CVS#:</b> 
• Email completed Registration Form to <a href="mailto:dvplionsc1c@gmail.com">dvplionsc1c@gmail.com</a>				
<b>E-Transfer</b>	• Email completed Registration Form to <a href="mailto:dvplionsc1c@gmail.com">dvplionsc1c@gmail.com</a> • Send E-Transfer Payment to: <a href="mailto:dvplionsc1c@gmail.com">dvplionsc1c@gmail.com</a>			
<b>Cheque</b>	• Cheques made payable to: <b>Lions C1 2024 Convention</b> C1 Lions Convention Registration • Mail completed registration form    c/o Lions Club of Drayton Valley and payment to (EMAIL PREFERRED):    PO Box 5208 Drayton Valley, AB T7A-1R4			
<b>Cancellation Policy:</b> <ul style="list-style-type: none"> <li>• Attempt to transfer registration to another member of your club</li> <li>• Written cancellation request must be received by email no later than midnight February 16, 2024</li> <li>• No refund after February 16, 2024</li> <li>• Refund requests made after the convention are to be made in writing to District Governor Dave Leshchyshyn</li> </ul>				
For questions or inquiries contact Convention Chair Lorna Luchyk <a href="mailto:bar-dk@telusplanet.net">bar-dk@telusplanet.net</a>				





## District C-1 Nominating Committee

I have appointed the following Lions to serve as the Nominating Committee for the District C-1 Convention to be held on February 23-24, 2024 in Drayton Valley.

- PDG Lion Joan Lubbers, Stony Plain Lions Club
- Lion Chris Holmes, St. Albert Breakfast Lions Club
- Lion Jack Riley, St. Albert Host Lions Club

All voting will take place in-person at the C-1 Convention.

District Governor Dave Leshchyshyn  
December 1, 2023

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## NOMINATIONS NOW OPEN



**District C-1 Nominating Committee is accepting nominations for the following positions:**

- District Governor Elect
- 1<sup>st</sup> Vice District Governor Elect
- 2<sup>nd</sup> Vice District Governor Elect
- Vice Council Chair Candidate

**DEADLINE: January 20, 2024, unless otherwise stated**

Refer to: District C-1 Constitution and Bylaws;

Bylaws – Article II; Section 2 & 3

Bylaws – Article VI; Section 10

Please send your nominations or questions to PDG Lion Joan Lubbers at [jlubbers@telus.net](mailto:jlubbers@telus.net).

# District C-1 Awards



## Do You Know a Lion (or Community Member) WHO DESERVES RECOGNITION?

Now is the time to nominate a deserving community member or Lion.

District C-1 Awards will be presented at the District C-1 Convention February 23-24, 2024 in Drayton Valley, for the following categories:

- *Multiple District C Hall Of Fame*
- *District C-1 Citizen of Distinction*
- *Dr. Lynn G. Hall Leadership Award for Outstanding Leadership in Lionism*
- *District C-1 Youth Activities Award*

Criteria and details are available on the homepage of the District C-1 website – <https://lionsc1.org/>

**Submission deadline:** December 27, 2023

**Please direct questions and awards submission to:**  
**District C-1 Awards Committee**

**Lion Zella Gardiner**  
Phone: 780-387-4620  
Email: [Canadian\\_a@telus.net](mailto:Canadian_a@telus.net)

**PDG Scotty Duff**  
Phone: 780-724-2029  
Email: [chalena2@telus.net](mailto:chalena2@telus.net)





## District C-1 & C-2 Lions Training and Information Schedule

### December 2023 & January 2024

### ZOOM Sessions

All Lions in **District C1 & C2** are encouraged to participate in the following:

<b>Lions Orientation</b> (for all Lions) ZOOM Training link: <a href="#">Click here</a>	<b>Dec 6</b>
<b>Club Treasurer Responsibilities</b> ZOOM Training link: <a href="#">Click here</a>	<b>Dec 12</b>
<b>Club President/Vice President Responsibilities</b> ZOOM Training link: <a href="#">Click here</a>	<b>Jan 11</b>
<b>Club Secretary Reporting</b> (Membership & Service) ZOOM Training link: <a href="#">Click here</a>	<b>Jan 17</b>
<b>Membership Chair Responsibilities</b> ZOOM Training link: <a href="#">Click here</a>	<b>Jan 29</b>

- Each session starts at **7 PM Alberta time (MST)**.
- **All district training sessions above** are free of charge and are about one hour in length.

Let your District Coordinator know if you plan to attend:

#### District C1

Global Leadership Team  
Lion Thomas Varghese  
[gltlionthomas@gmail.com](mailto:gltlionthomas@gmail.com)

#### District C2

Global Leadership Team  
Lion Anne Kennedy  
[dc2glt@gmail.com](mailto:dc2glt@gmail.com)

Additional topics coming soon:

- Lions Portal
- Cub Program
- Starting a new club
- Club Branch

The online **ZOOM** connection requires the following on your computer, tablet or smart phone: A web browser (such as Edge, Firefox, Chrome, Safari, etc.) to download and install the Zoom application, a microphone and speakers or headset. While a camera is optional, we would like to see your smiling face.

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Other online training is available at the LCI Lions Learning Center and at  
[LionsUniversity.org](http://LionsUniversity.org)



Hi there, it's Hope here. Just wanted to say you Lions are AWESOME! We are so close to the start of construction on our new training school and it's all thanks to you and your generous donations. I can almost see my new, comfortable kennel and all the great trainers that are going to train me to be a great Dog Guide. Can't wait to change someone's life by just helping, like you have helped Lions Foundation of Canada Dog Guides! This is how much you've helped Lions Foundation of Canada Dog Guides with your tremendous support of The Difference Campaign ...

- Over \$280,000 donated by Clubs in the MD
- 61 Judge Brian Stevenson Fellowships purchased by Alberta Clubs
- 49% of the Clubs in C-2 have made a contribution
- 36% of the Clubs in C-1 have made a contribution
- \$2.8 million of the \$4.5 million dollar goal for Lions Clubs in Canada has been achieved
- \$39 million of the \$50 million dollar overall fundraising goal has been reached

We're so close! Help us get over the line with your personal or Club contribution to the Difference Campaign.

[thedifference@dogguides.com](mailto:thedifference@dogguides.com) Remember, 'tis the season to give!



Hey, it's me Kare. Look at how Lions Clubs helped me out this spring at the Pet Valu Walk For Dog Guides.....I'm still tired!

17 Clubs in the Multiple District took part in the Pet Valu Walk for Dog Guides, raising \$82,363.52 for the Lions Foundation of Canada Dog Guides program that helps with rearing, feeding, training, veterinary services, etc. I look forward to seeing the number of Clubs in the MD participating increase a whole bunch in the future. You can plan your walk next year by going to [walkfordogguides.com](http://walkfordogguides.com).

If you need more information on how to give so Lions Foundation of Canada Dog Guides can help more people, give our buddy District Governor Dave Leshchyshyn, The Difference Campaign Ambassador, Alberta a call, 403-872-0115 or email [dleshchy2324@shaw.ca](mailto:dleshchy2324@shaw.ca). We hear that Lions Foundation of Canada Dog Guides is the District Governor's "Charity of Choice" this year. Maybe you'll have a donation ready when he comes to visit?

Thanks so much for the help and generosity!

Hope & Kare



e.





## Diabetes

Good Afternoon Lions of C-1,

I hope you all had some kind of activity from your club to support the 2023 Diabetes Month, which is/was November. If not, it is never too late. Here are some ideas your club may want to work with or put on your calendar for next year.

- Diabetes awareness coffee: Morning, afternoon or evening coffee/tea with information on diabetes.
- Diabetes luncheon: sell tickets in your communities for a simple lunch, including diabetes information and some form of entertainment. Keep in mind people tend to swarm for food and entertainment.
- Walk or bicycle for diabetes (since exercise is a major factor in managing blood sugar levels) for this you would have to have participants and sponsors - perhaps the school students can help with this.
- Do a bottle drive, or a cantab drive, for diabetes.
- Sit at venues in your community and get donations for diabetes. Blindman Valley Lions did this and used the 'Toonies for Loonies' idea but people did not want their loonies back, so lots of donations. 😊
- Fall markets are plentiful this time of year. Club crafts & baking may sell well for Christmas.
- Fall suppers are also very popular. If there are few in your community, this might be a good fundraiser for diabetes.
- Raffle an item and use the proceeds for diabetes research or Camp Jean Neilson (our Diabetes camp in Alberta). Watch for the E-bike raffle Blindman Valley Lions are currently initiating. Great stocking stuffers!

Some of you may have heard the call for donations by Dr. James Shapiro and his team on TV, who are currently, they believe, on the cusp of a cure for diabetes. This is not the first breakthrough for diabetes coming out of this University with Dr Shapiro involved. It was Dr Shapiro, with his clinical team's dedication and hard work that contributed to the Islet transplant procedure (Edmonton Protocol), which then led to full funding and acceptance as 'Standard of Care' for Type 1 Diabetes, by Alberta Health Services, in 2001. Many research teams around the world have been building on and continuing research towards the cure for diabetes. With 11 million Canadians living with diabetes or prediabetes, having Dr. Shapiro and his team right in our own backyard at the U of A in Edmonton is an honour, and should be exciting for us all. Perhaps by Conference time, we will have an update on the progress of this research.

Be mindful of the amount of sugar and glucose-forming foods you eat; aim for 9 servings of vegetables and low-sugar fruit a day, stay mobile (exercise), drink lots of water, and get your rest.

If your club has some idea they may want to share, or have had good success with, perhaps you can connect with me and we can all get in on the fun! We would love to hear what your club did this year, in support of our International Cause 'Diabetes.'

May we all stay healthy!

Sincerely, Your Diabetes C-1 Chairperson, Suella Brodie 403-877-6387



## Hunger

This time of year there are a lot of events involving Hunger (i.e.: food hampers, stuff-a-bus, cram-a-cruiser, etc.). Please find below a suggested list of items to give you some idea of what to give. I also suggest that you check with your local Food Distribution Centre (i.e.: Food Bank, church, etc.) to see if they can accept perishable items as well, as some have facilities for this while others do not. Please give if you are able to fulfill the ongoing need of HUNGER.

### Suggested Food Bank Items

|                            |                    |
|----------------------------|--------------------|
| Box of unsweetened cereal  | Canned Potatoes    |
| Peanut Butter              | Canned Brown Beans |
| Stuffing Mix               | Box of Crackers    |
| Boxed Potatoes             | Package of Rice    |
| Macaroni & Cheese          | Package of Oatmeal |
| Canned Fruit               | Package of Pasta   |
| Canned Vegetables          | Spaghetti Sauce    |
| Canned Tuna                | Canned Soups       |
| Pudding Cups or Fruit Cups | Dry Packaged Soups |
| Juice Boxes                | Cheez Whiz         |
| Jam                        | Alphaghetti        |
| Canned Stew                | Pancake Mix        |
| Sidekicks                  | Pancake Syrup      |
| 1 Liter of Juice           | Granola Bars       |
| Dessert Mix                | Jar of Applesauce  |
| Condiments                 | Tea                |
| Microwave Popcorn          | Coffee             |

Lorna Luchyk

District C-1 Hunger Chair





## VISION SCREENING ENDORSED DISTRICT C-1 LIONS PROJECT



Vision Screening has been endorsed as an ongoing District C-1 Lions project throughout the clubs in the district. A Plusoptix vision screening device has been received through a District and Community Impact Lions Clubs International Foundation (LCIF) grant.

The purpose of the Plusoptix vision screening device is to empower Lions Clubs to detect the most prevalent vision disorders in children as early as possible. The earlier a vision disorder is detected the better it can be treated, and possibly prevented. Lions Clubs can conduct vision screening in children aged 6 months to 12 years by holding community events.

The vision screener device is relatively easy to use, and a great opportunity exists for clubs to meet young families in the community. Organizing the training, developing forms and protocols for District C-1 Lions clubs is underway. Once finalized, clubs will be advised and can sign up for training.

It is very exciting to support children's VISION – one of Lions Clubs International Global Causes!!

For more information or to put your name on the list for training, contact:



Lion Derwin Bartlett  
District C-1 Vision Chairperson  
Phone: 902-989-3805  
Email: [mytyke@yahoo.com](mailto:mytyke@yahoo.com)



## SAVE THE DATE

### District C-1 Convention

**Feb 23 - 24, 2024**

Drayton Valley

Hosted by Drayton Valley Lions Club  
and Pembina Valley Lions Club

Information: see **pages 10-14**

### District C-2 Convention

**February 9/10, 2024**

Medicine Hat

Information to follow

### Joint Charter Night

Radway, Thorhild, Redwater, Waskatenau  
and Smoky Lake Lions Clubs

**April 13, 2024**

Information: see **page 23**



## ALBERTA BEACH AND DISTRICT

### LIONS CLUB

50th Charter Anniversary

**May 11, 2024**

Information to follow

## Lions International Convention 2024 Melbourne

The Lions International Convention is happening June 21-25, 2024. Celebrate service with your fellow Lions and Leos in one of the most unique and exciting travel destinations in the world - beautiful Melbourne, Australia!

Register now

<https://lionscon.lionsclubs.org/registration-information/individual-registration/>



USA/Canada Lions Leadership Forum -  
Louisville, Kentucky September 5 - 7, 2024

[www.lionsforum.org](http://www.lionsforum.org)



<https://www.dogguides.com/>



Lions of Canada  
Lions du Canada

LIONS OF CANADA



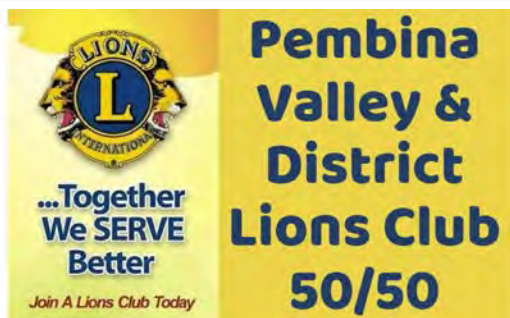
## ANNOUNCEMENT

Lions of Alberta Foundation is proud to announce "Lions Project Maple Leaf" (formerly known as Lions Project Pride). For acquiring Canada flags and certificates, the cost & procedure has not changed. Just use the new order form, attach your cheque made payable to: Lions of Alberta Foundation, and mail to: Lion Lynne Coulter, 11305-103 St., Grande Prairie, AB T8V 2Y6. Please discard or recycle old order forms and certificates.

see page 24

Lion Lynne Coulter, PCC  
780-532-3027  
Ldcgp@telusplanet.net

## FUNDRAISING



Thanks for your support!  
Our 50/50 Jackpot's now more than

# \$850!

WINNER GETS HALF

Help us grow our Jackpot by  
sharing the draw with your family & friends.

Again, thank you for your support

**CLICK HERE TO BUY TICKETS**

**CLOSES Dec 30, 2023**

MANAGED THROUGH  
**rafflebox**

## In Memoriam



### Cecil "Cec" MacKenzie

It is with deep sorrow and much love that the family of Cecil "Cec" MacKenzie announces his peaceful passing with family at his side.

Cecil was born in Hanna, AB. He spent his youth with his parents and two sisters in various spots in AB, and BC, as his father secured various teaching assignments, finally settling in Penticton, BC. He had a fun childhood and could recount the antics of his early years right to his final days.

He was a dedicated member of the Lions Club (43 years), the world's largest service club, where he worked on several key projects including the Lions of Alberta Foundation – Sight Fund, and the Gene Zwodsky Centre. Cecil was a member of the Knights of Columbus, as well as a regular volunteer at his church. Cecil and Phyllis had a rich, rewarding social life, and shared their time with family and friends. They regularly hosted memorable gatherings and enjoyed theatre, golf, bridge, skiing, travelling, and cruising, often accompanied by friends (some life-long) and family. He was very involved in family life (many family vacations were enjoyed), and was always a generous and caring husband, father, grandfather, and dadda to Cleo, Mindeigh, Penelopeigh, and Ceilidh.

Cecil is survived by his children, Sheila and Jim (Karen); grandchildren, Kevin, Ian, Colin, Colleen (Michael), Claire, Jack and Dana; and younger sister, Donna Kawata (Roy). He was predeceased by his wife of 60 years, Phyllis; sister, Faye Ball; sister-in-law, Eunice Halpen; brothers-in-law, Ted Ball, Kaz Kawata, Tommy Murphy (fallen WW2), Vincent Murphy (Mayo) and Gerald Murphy (Anne); parents-in-law, Clare (née Kelly) and Alfred Murphy; and his parents, Vera (née McCarthy) and Kenneth MacKenzie.

The family would like to thank the staff of Unit 2.1 at the Leduc Hospital for their excellent care of Cecil as he passed peacefully into the hands of God.

In lieu of cards and flowers, please consider sending donations to the Lions of Alberta Foundation, an organization involved in so many important projects where Cecil spent innumerable hours volunteering his time, and resources over the last 50 years.

Arrangements entrusted to Connelly-McKinley Downtown Funeral Home.





## Barry Clifford JOE

(July 22, 1951 - April 23, 2023)

CGA, CPA

It is with profound sadness that the family of Barry Joe announces his passing from cancer. Barry was an

accountant for 40 years. He was a proud Charter Member of Edmonton Chinese Lions Club since 1980. He was an active member and contributed selflessly for 43 years. He served in all executive positions of the Club including President, Treasurer and Director.

"We Serve" was the very core of how he was guided, as a Lions Member and as a private citizen. He quietly accepted awards and accolades with humility and grace. He was the Club Representative for the 2003 "Lions 5 Park and Tough Guy Run".

He received many awards from Lions, including recognition as a Bill Webber Fellow and Melvin Jones Fellow for dedicated humanitarian services.

Barry contributed much of his time, experience, and efforts towards many of the Club's community projects such as:

- Habitat for Humanity;
- Tree Planting Projects;
- Edmonton Food Bank Site Packaging;
- E4C, HOPE Mission and Mustard Seed – Meal Service;
- Hong Lok and Ming Ai Seniors Projects;
- Hong Kong Childrens Choir and Guangzhou Choir;
- LARUNA Shelter and W.I.N Shelter;
- Club's Christmas and Chinese New Year Events;
- Casino Volunteering.

Since 1995, he was an active member with Make a Dream Come True (Lions) Society, a society that grants final dreams to terminally ill adults in Northern Alberta. As the Treasurer, Barry was responsible for all financial aspects of budgeting, reporting, and fundraising. He dedicated his efforts to this society until he passed.

From 2000-2001, Barry was the Treasurer for the Edmonton Dragon Boat Festival Association. The Association's major activity was the organization of the Dragon Boat Races on the Edmonton North Saskatchewan River, held annually in August.

Barry's energy, dedication and enthusiasm will be greatly missed by his loving family, and all who were touched by his friendship and kindness.



PLEASE JOIN THE LIONS CLUBS OF  
RADWAY, REDWATER, SMOKY LAKE, THORHILD & WASKATENAU

---- IN HONOR OF A ----

# Joint Charter Night

*Celebrating 349 Years of Combined Lionism*

Pembina Place, 4944 - 53 st  
Redwater, AB

APRIL 13, 2024

TICKETS \$50

Cocktails 4:30

Rehann (780) 952-9426

Supper 5:30

Irene (780) 499-6826

Program 6:30

ronsychuk@gmail.com

Advance Tickets Only  
Sales End April 1



Accommodations Available at the Paradise Inn & Suites Redwater





# Lions Project Maple Leaf



A project of Lions of Alberta Foundation

## Order Form

### Lions Project Maple Leaf

Contact Name: \_\_\_\_\_

Club Name: \_\_\_\_\_ District: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Number of flags/certificates x \$2.50 = \$ \_\_\_\_\_

OPTIONAL- Club name imprinted on certificates add \$50.00 = \$ \_\_\_\_\_

Certificate language ☐ English ☐ French

Please make cheques payable to Lions of Alberta Foundation

**Please mail form and cheques to:**

Lion Lynne Coulter

11305-103 Street

Grande Prairie, AB T8V 2Y6

For further information contact Lynne Coulter, PCC Ldcgp@telusplanet.net 780-532-3027

